



Prabha प्रभा

The Prabha Khaitan Foundation Chronicle

Q1 FY 2026-27 | Issue 64

A TAPESTRY OF *Together*ness

Where stories, music, and shared experiences
came together in the heart of Awadh.
A celebration of community, creativity,
and collective inspiration.

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MANISHA JAIN

Honorary Chief Operating Officer
Prabha Khaitan Foundation

STORIES THAT CONNECT

Every edition of Prabha captures a chapter in the Foundation's journey, but this one is especially reflective of what lies at the heart of the **Prabha Khaitan Foundation**—bringing people together through literature, culture, dialogue, and meaningful action.

The past quarter has been marked by remarkable milestones across the country. From the vibrant exchanges at the Awadh Region Conference in Lucknow to literary conversations spanning Amritsar, Chennai, Hyderabad, Nainital, Bengaluru, Goa, Kolkata, and beyond, each gathering reaffirmed that ideas have the power to inspire communities and build lasting connections. Through our initiatives, we continued to create platforms where authors, artists, and audiences could engage in conversations that transcend boundaries.

Equally significant has been our commitment to causes that extend beyond the cultural sphere. This edition chronicles our celebrations of World Environment Day, our continued support for sustainability through the **#ReWear4Earth** campaign, the International Yoga Day initiative, and **Muskaan's** engaging workshops that encouraged creativity, mindfulness, and holistic development among young minds. Together, these initiatives remind us that meaningful change begins with small, conscious actions.

Music too, remained a powerful bridge. The unforgettable performance by Padma Bhushan and Grammy Award-winning maestro Pt. Vishwa Mohan Bhatt, celebrated India's timeless musical heritage while bringing audiences together in shared appreciation of artistic excellence.

We are also delighted to have on board our guest editors **Ehsaas** women, Isha Gupta Vaish and Mansi Malik, whose thoughtful perspectives enrich this edition with fresh voices from our ever-growing community.

We hope this edition inspires you to continue celebrating ideas, embracing creativity, and becoming an active participant in the cultural conversations that shape our collective future.

Manisha Jain

Disclaimer: The views and opinions expressed in the articles are those of the authors. They do not reflect the opinions or views of the Foundation or its members.



EXPANDING HORIZONS ACROSS INDIA

The summer months of April, May and June mark the brightest quarter of the year and the **Prabha Khaitan Foundation** matched this seasonal luminosity with its prodigious events in various cities, like the first ever Awadh region conference at Lucknow to delight the audience with spectacular performances by some celebrated Indian Musical Geniuses and the charming companionship of the **Ehsaas** family. The run through the conference highlights in this edition will spellbind you undoubtedly.

I am so enthralled since the Foundation is expanding its horizons to Tier 3 cities where there has been a dearth of lucent worthwhile social events ever since, providing a robust literary and cultural platform to various versatile authors, artists and audience in these mighty geographical territories. Special mention goes to the Foundation's orbiting of the Northern Hills Chapter with its recent additions of cities like Nainital, Haldwani, Rishikesh, Saharanpur and more after being illustrious in Dehradun, Mussoorie and Shimla for about 5 years now. The region is definitely gearing up for its own flavoursome presence across the various verticals of the Foundation aligning its freshness and uncanny chill all along.

This summer quarter also beheld some riveting contests for its **Ehsaas** women network, to honour the spirit of environmentalism and healthy living on special marked days in the month of June to keep the pnuema of the **Ehsaas** family alive and kicking!!!

The various substantive initiatives by **Muskaan** are never short of catching sights and always laudable for their effectual character.

This summer edition of Prabha will definitely brighten up your day as you live through the gleaming glory and multifacetedness of grandeur all this while!!!

Wish you an immersive experience!!!

- ISHA GUPTA VAISH

Ehsaas woman of Mussoorie



CELEBRATING CREATIVITY AND COMMUNITY

Every journey leaves behind stories. Some are written in books, some are carried through music, some unfold in conversations, and many find a home in the hearts of those who come together with a shared purpose. Over the past few months, the **Prabha Khaitan Foundation** has witnessed countless such moments—where ideas found expression, creativity found a stage, and communities discovered the joy of meaningful connection.

This edition of our newsletter celebrates a quarter shaped by curiosity, collaboration, and the enduring belief that culture has the power to unite and inspire. Across cities, languages, and generations, we continued to create spaces where literature, art, music, and dialogue became meaningful mediums for learning, reflection, and collective growth.

One of the defining highlights of this quarter was the Awadh Region Conference, which brought together the **Ehsaas Women** in a vibrant celebration of fellowship, ideas, and cultural exchange. Alongside it, our flagship literary initiative, **The Write Circle**, continued its journey across the country, connecting readers with distinguished authors, poets, thinkers, and public intellectuals. From mythology and history to wellness, entrepreneurship, spirituality, and social change, these conversations reaffirmed that literature not only entertains but also nurtures empathy and broadens perspectives.

Equally heartening were the initiatives under **Muskaan**, where compassion met creativity through workshops that encouraged confidence, self-expression, environmental awareness, and emotional well-being. Campaigns such as the **#ReWear4Earth** Challenge and the Ehsaas Yoga Challenge further reflected our commitment to sustainability, wellness, and mindful living, reminding us that meaningful change often begins with simple collective actions.

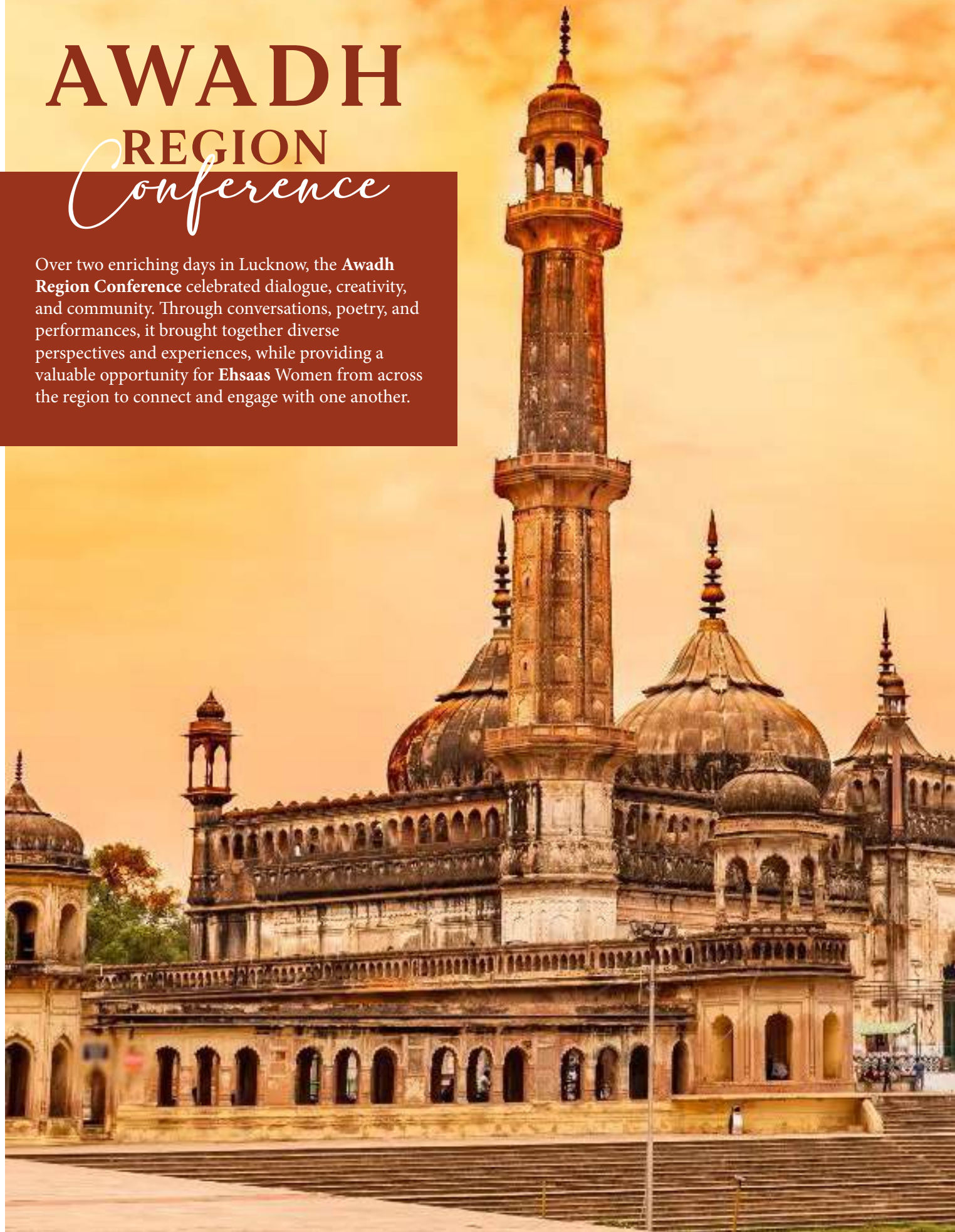
As you turn these pages, we hope you discover stories that inspire, conversations that resonate, and moments that remind us of the extraordinary impact of coming together with purpose. Thank you for being an integral part of this journey. Together, let us continue to celebrate the power of culture, nurture the spirit of dialogue, and build a future enriched by creativity, compassion, and human connection.

- MANSI MALIK

Ehsaas woman of Hyderabad

AWADH REGION *Conference*

Over two enriching days in Lucknow, the **Awadh Region Conference** celebrated dialogue, creativity, and community. Through conversations, poetry, and performances, it brought together diverse perspectives and experiences, while providing a valuable opportunity for **Ehsaas Women** from across the region to connect and engage with one another.



DAY 1

The first day of the **Awadh Region Conference** brought together Ehsaas Women for a series of engaging sessions, including city meetings with the Ehsaas Women of Lucknow and Kanpur, followed by an interactive presentation by the **Prabha Khaitan Foundation** team of the wide-ranging initiatives being undertaken across the Foundation's various verticals.



Madhuri Halwasiya



Apra Kuchhal



Vinnie Kakkar



Esha Dutta



Praneet Bubber



Dimple Trivedi



Kanak Rekha Chauhan



Deepa Mishra



Aarti Gupta



Monica Gupta



Manjari Mishra



Priyanshi Patel



Geeta Malhotra



Simu Ghai



Punita Singh



Sundeep Bhutoria



Dimple Trivedi, Kanak Rekha Chauhan and Punita Singh



Lucknow City Meeting



Manjari Mishra & Simu Ghai



Kanpur City Meeting



Madhuri Halwasiya, Priyanshi Patel & Vinnie Kakkar



Introduction Presentation



Manjari Mishra & Anvita Pradhan



Madhuri Halwasiya, Deepa Mishra & Dimple Trivedi



Priyanshi Patel & Sundeep Bhutoria

TUNES OF TRADITION

Day 1 of the **Awadh Region Conference** concluded on a high note with a mesmerising performance by Pandit Vishwa Mohan Bhatt, Padma Bhushan recipient, accompanied by acclaimed tabla artist Sri Himanshu Mahant. The evening commenced with a welcome address by Madhuri Halwasiya, Honorary Convenor of Awadh Affairs and **Ehsaas** Woman of Lucknow, followed by an introduction to the **Prabha Khaitan Foundation** by Vinnie Kakkar, National Advisor. The programme brought together delegates in a celebration of music, culture, and community.

Best known for inventing and popularising the Mohan Veena—a modified slide guitar adapted for Indian classical music—Pandit Bhatt is widely regarded as one of the foremost exponents of Indian classical music on a string instrument. A recipient of the Grammy Award, Sangeet Natak Akademi Award, Padma Shri, and Padma Bhushan, he has taken Indian classical music to audiences around the world. Accompanied by Sri Himanshu Mahant, a distinguished Hindustani classical artist and accompanist, he delivered a soulful recital that captivated the audience. The evening concluded with a vote of thanks by Deepa Mishra, **Ehsaas** Woman of Lucknow.



Himanshu Mahant

Pt. Vishwa Mohan Bhatt



Vinnie Kakkar



Audience



Malini Awasthi & Pt. Vishwa Mohan Bhatt



Sundeep Bhutoria & Pt. Vishwa Mohan Bhatt



Deepa Mishra



Amitabh Adhar, Apra Kuchhal, Neelima Dalmia Adhar & Vinnie Kakkar



Himanshu Mahant & Dimple Trivedi



Ehsaas Women with Pt. Vishwa Mohan Bhatt



Sundeep Bhutoria & Sheen Kaaf Nizam

DAY 2

Day 2 commenced with the Zonal Convenors' Meeting, which provided an opportunity to review ongoing initiatives, share updates from across the region, and discuss plans for future engagement. This was followed by the city meetings of Ayodhya, Faizabad, Gorakhpur, and Varanasi, where Ehsaas Women from each of these cities came together to exchange ideas, reflect on local activities, and explore ways to strengthen outreach and collaboration.



Madhuri Halwasiya



Neelima Dalmia Adhar



Apra Kuchhal



Esha Dutta



Zonal Convenors' Meeting



Praneet Bubber



Vinnie Kakkar



Anvita Pradhan



Sundeeep Bhutoria



Manjari Mishra



Ayodhya City meeting



Simu Ghai



Apra Kuchhal



Faizabad City meeting



Punita Singh



Madhuri Halwasiya



Gorakhpur City meeting



Bharti Madhok



Vinnie Kakkar



Varanasi City meeting



Monica Gupta

A JOURNEY THROUGH WORDS

An exclusive session with Padma Shri Sheen Kaaf Nizam, one of the most celebrated voices in contemporary Urdu literature, was a standout moment on Day 2 of the **Awadh Region Conference**. In conversation with Kanak Rekha Chauhan, **Ehsaas** Woman of Lucknow, he offered a nuanced exploration of *Ghazals*, *Nazms*, and the craft of Urdu poetry, interspersing the discussion with recitations of his own verses. His reflections drew on decades of literary practice, scholarship, and a deep engagement with India's rich poetic traditions.

A distinguished poet, critic, and translator, Sheen Kaaf Nizam is known for acclaimed collections such as *Lamhon Ki Saleeb*, *Dasht Mein Dariya*, *Naad*, and *Bayazein Kho Gayi Hain*. Honoured with the Padma Shri, Sahitya Akademi Award, and Saraswati Samman, he has made significant contributions to Urdu literature through both his writing and translations. The session concluded with a felicitation by the **Ehsaas** Women of Lucknow—Madhuri Halwasiya, Deepa Mishra, and Dimple Trivedi—who presented him with a traditional Kantha Uttariyo.



Sheen Kaaf Nizam



Ehsaas Women with Sheen Kaaf Nizam



Sundeep Bhutoria



Dimple Trivedi



Vinnie Kakkar



Apra Kuchhal



Manjari Mishra



Sheen Kaaf Nizam & Kanak Rekha Chauhan



Dimple Trivedi



Monica Gupta

All the attending **Ehsaas** Women came together for an evening of fun and fellowship, showcasing their many talents. From poetry recitations and karaoke performances to spontaneous expressions of creativity and camaraderie, the evening—anchored by Dimple Trivedi, **Ehsaas** Woman of Lucnknow— was filled with heartfelt moments, laughter, and shared experiences. The gathering provided a wonderful opportunity for participants to connect beyond formal sessions, celebrating the spirit of community that lies at the heart of **Ehsaas**.



Punita Singh



Bharti Madhok



Neelima Dalmia Adhar



Esha Dutta



Kanak Rekha Chauhan



Praneet Bubber



Apra Kuchhal



Madhuri Halwasiya



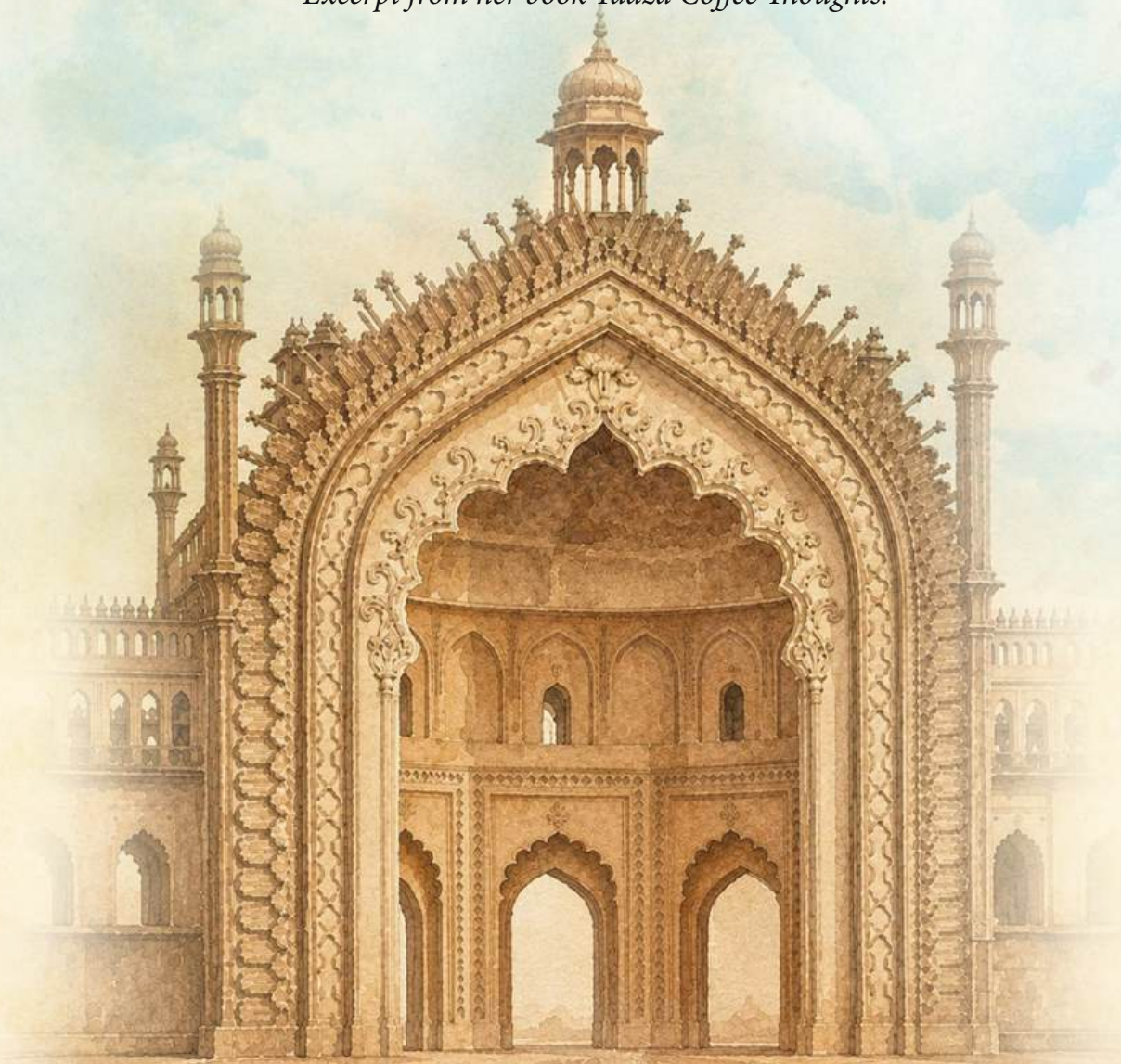
Deepa Mishra



Anvita Pradhan

सब्र की खातिरदारी का
इनाम कुछ यूँ मिला
कि **इश्क** भी आखिर
हमारा मेहमान हुआ
ये माना मेहमां ठेहरते नही
लेकिन चलिये दो रोज़ को
तो आराम हुआ

—Dimple Trivedi, *Ehsaas* Woman of Lucknow
Excerpt from her book *Taaza Coffee Thoughts*.



P lanting Seeds of Change



Planting hope, nurturing inclusion, and building a greener future, this World Environment Day saw a meaningful celebration of nature and community through a tree plantation drive organized by **Muskaan**—an initiative of the **Prabha Khaitan Foundation** and Education For All Trust—in collaboration with Taj Bengal.

The programme brought together special needs children in an engaging environmental activity that encouraged awareness, responsibility, and a deeper connection with nature. Through the simple act of planting saplings, participants contributed to a shared vision of sustainability while experiencing the joy of nurturing new life.

Adding warmth to the occasion was renowned singer Usha Uthup, whose presence made the day even more memorable. Her interaction with the children highlighted the importance of collective efforts in creating positive change and protecting the environment for future generations.

The initiative served as a reminder that even the smallest actions can contribute to a more sustainable and inclusive world.









In Search of Ancient Voices

An engaging and enriching edition of **An Author's Afternoon** brought together literature enthusiasts for a memorable conversation featuring civil servant, novelist, and poet Mukul Kumar in dialogue with academic and writer Sanjukta Dasgupta. The session drew an attentive audience into an afternoon of thoughtful literary exchange, reflection, and storytelling.

Hosted in association with hospitality partner Taj Bengal, the event commenced with a warm welcome by Esha Dutta, Honorary Convenor of North-East Affairs and **Ehsaas** Woman of Kolkata. Through an engaging conversation, Kumar and Dasgupta explored the intersections of writing, lived experiences, public service, and the enduring influence of literature. A significant part of the discussion centred on Kumar's latest book, *Womb of Time: Unveiling Ancient Feminism*, which examines the presence and evolution of feminist thought in ancient India. The conversation offered fresh perspectives on history, gender, and cultural narratives, while also shedding light on Kumar's research process and literary approach. Together, the speakers reflected on the creative process and the ways in which personal and professional journeys shape literary expression.

Mukul Kumar is a distinguished civil servant from the



1997 batch of the Indian Railway Traffic Service and is currently serving on the Railway Board under the Ministry of Railways. Alongside his accomplished career in public service, he has established himself as a respected literary voice. His body of work spans fiction, poetry, and translation, including the Hindi adaptation of his debut English novel *As Boys Become Men*, published as *Aarohi*. A familiar presence at literary festivals and media platforms across India, Kumar's contributions to both literature and public service have earned him numerous accolades, including the National Award for Outstanding Service to Indian Railways, the Bharat Nirman Award for Literary Excellence, the Srijan Shikhar Puraskar for *Aarohi*, and the Poorvanchal Gaurav Samman.

Adding a touch of tradition to the occasion, Aparna Banerjee Paul, felicitated Mukul Kumar and Sanjukta Dasgupta with exquisite Dokra artefacts. The gesture beautifully celebrated the spirit of art, culture, and literary excellence that defined the gathering.

The event concluded on a warm and personal note, with Mukul Kumar signing copies of his books for attendees. The interaction offered readers an opportunity to connect directly with the author, bringing a fitting close to an afternoon marked by meaningful conversations, intellectual engagement, and a shared appreciation for literature.

*This session was organized in association with
Hospitality Partner Taj Bengal*



Esha Dutta



Aparna Banerjee Paul felicitating Mukul Kumar



Book Signing



Audience

Mythology, Emotion, and Literary Exploration

Exploring the intersections of mythology, spirituality, and human emotion, **The Write Circle**

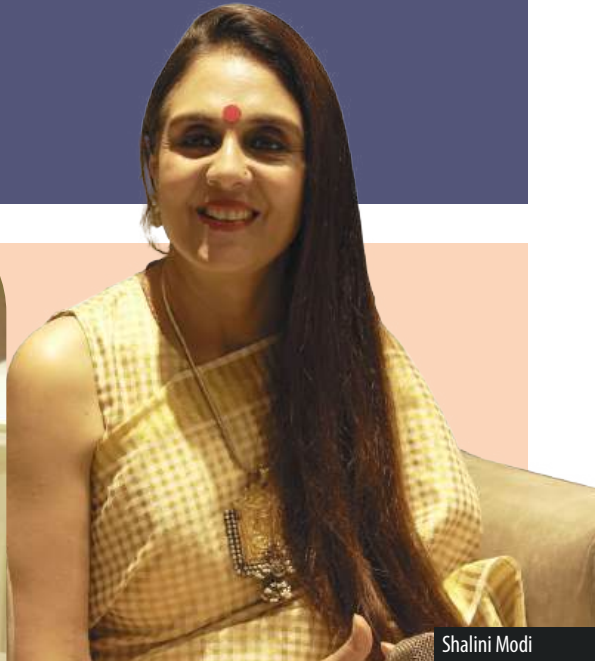
Amritsar was an insightful evening with author Shalini Modi in conversation with Kirat Sandhu Cheema. The session offered audiences a deeper understanding of Modi's literary journey and the ideas that inspire her writing, from ancient Indian wisdom to contemporary reflections on life and relationships.

The evening commenced with a warm welcome by Praneet Bubber, Honorary Convenor of Punjab and Haryana Affairs and **Ehsaas** Woman of Amritsar. Through a thought-provoking conversation, Shalini Modi reflected on her literary journey and the themes that underpin her work, including the emotional and spiritual dimensions of human experience, the wisdom embedded in Indian mythology, and the ways in which ancient narratives continue to resonate with modern readers.

The discussion explored Modi's acclaimed works, including *Rasas in Divine Relationships*, in which she examines the concept of *rasas*—the emotions that shape human existence—through the lens of the *Natya Shastra* and stories of divine couples. The conversation also touched upon her book *Immortality: A Boon or a Curse*, as well as her latest work, *The Eternal Sun: The Legacy of Surya Dev*, which delves into the lesser-known stories of Surya Dev and his fascinating lineage while drawing connections between ancient beliefs and contemporary scientific understanding.



Kirat Sandhu Cheema



Shalini Modi

A passionate student of the Vedas, Upanishads, Puranas, and epics, Shalini Modi shared her belief that these ancient texts continue to offer valuable insights into present-day life. Her knowledge of Vedic astrology, mantra chanting, and Indian scriptures lends depth and nuance to her writing, enabling her to uncover symbolism and philosophical themes that remain relevant across generations. Her engaging style and unconventional approach have earned her a distinctive place among contemporary writers exploring India's cultural and spiritual heritage.



Praneet Bubber



Sheetal Khanna

The author was felicitated by Mani Suri, while the conversationalist was felicitated by Kanwar Manchanda, marking a celebration of literature, dialogue, and intellectual exchange. The session concluded with an active audience Q&A, followed by a vote of thanks delivered by Sheetal Khanna, **Ehsaas** Woman of Amritsar. The evening ended on a warm note with an engaging book-signing session, allowing readers to connect personally with the author and carry the conversation beyond the stage.

*This session was organized with the support of **Ehsaas** Women of Amritsar, Hospitality Partner Taj Swarna Amritsar, and Hindi print media partner Dainik Jagran*

Bridging Literatures and Exchanging Words

The Write Circle in Kolkata brought together literature enthusiasts for an engaging conversation featuring acclaimed translator and academic Arunava Sinha in dialogue with Supriya Chaudhuri. The evening offered audiences a fascinating insight into the art of translation and its role in bringing literary voices across languages, cultures, and generations.



Supriya Chaudhuri

The session opened with a warm welcome by Esha Dutta, Honorary Convenor of North-East Affairs and **Ehsaas** Woman of Kolkata. Through an engaging discussion, Sinha reflected on his journey as a translator, the challenges and nuances of carrying stories across linguistic boundaries, and the importance of making regional literature accessible to wider audiences. The conversation highlighted the transformative power of translation in fostering cultural exchange and preserving literary heritage.

Widely regarded as one of India's foremost literary translators, Sinha has translated classic, modern, and contemporary fiction, non-fiction, and poetry from Bengali and Hindi into English, while also translating works from English and Hindi into Bengali. His translations have been published in India, the United Kingdom, the United States, and Australia, earning widespread acclaim for introducing readers around the world to the richness of South Asian literature. In addition to his literary work, Sinha teaches at Ashoka University, where he serves as Co-Director of the Ashoka Centre for Translation.



Arunava Sinha

The evening witnessed an enthusiastic gathering of the city's literary aficionados, sparking a vibrant exchange of ideas and perspectives throughout the session. Adding a touch of tradition to the occasion, Prof. Shabina Nishat Omar felicitated the author and conversationalist with exquisite Dokra artefacts, celebrating both literary excellence and India's rich craft traditions.

The session concluded with an engaging interaction between the speakers and the audience, followed by a warm book-signing session. As attendees gathered around the author, the conversation continued beyond the stage, bringing to a close an evening marked by literary discovery, thoughtful dialogue, and a shared appreciation for the written word.

*This session was organized with the support of the **Ehsaas** Woman of Kolkata; in association with venue partner Taj Vivanta*



Audience



Shabina Nishat Omar felicitating Arunava Sinha

The Inner Worlds

of Mysticism



Deepta Roy Chakraverti

Golden Ankh Study Circle of the Wiccan Brigade and is widely recognised for her work in exploring esoteric knowledge systems and alternative spiritual traditions.

The conversation also touched upon Chakraverti's remarkable family legacy. She is descended from the family of renowned Brahmo reformer Keshub Chandra Sen, with ancestors including notable figures such as Suniti Devi of Cooch Behar and Sucharu Devi of Mayurbhanj. Her mother, Ipsita Roy

Chakraverti, is recognised for pioneering the Wiccan movement in India and for fostering a broader understanding of the term "witch" beyond superstition and misconception. These influences, along with her own academic and spiritual pursuits, have shaped a body of work that bridges history, mysticism, and contemporary thought.



Anjum Babukhan

The Write Circle in Hyderabad welcomed author Deepta Roy Chakraverti for an insightful conversation with Anjum Babukhan, **Ehsaas Woman** of Hyderabad, bringing together literature enthusiasts for an evening that explored the intersections of identity, intuition, spirituality, and creative expression. Through personal anecdotes and thoughtful reflections, the session offered audiences a deeper understanding of the experiences and influences that have shaped Chakraverti's distinctive literary voice.

The evening commenced with a welcome address by Mansi Malik, **Ehsaas Woman** of Hyderabad, setting the stage for a dialogue rich in depth and nuance. The discussion traversed Chakraverti's personal evolution, professional journey, and enduring fascination with mystical traditions, offering compelling insights into the themes that inform her writing and research.

A lawyer trained at King's College London with a first degree in Mathematics Honours from the University of Delhi, Deepta Roy Chakraverti spent over a decade working in leading corporates, before returning to her longstanding passion for studying ancient mystical traditions and writing. She currently conducts the

A lively exchange with the audience brought warmth and vibrancy to the evening, transforming the session into a memorable celebration of ideas, storytelling, and introspection. As a token of appreciation, Raghu Ram Pillarisetti felicitated the author with a traditional Dokra, honouring both literary achievement and India's rich craft heritage.

The evening concluded with a formal vote of thanks by Anagani Kamala Devi, **Ehsaas Woman** of Hyderabad,



Anagani Kamala Devi and Mansi Malik

bringing to a close a thought-provoking gathering that left audiences reflecting on the many ways in which history, identity, and spirituality continue to shape our understanding of the world.

*This session was organized with the support of
Ehsaas Women of Hyderabad*



Deepta Roy Chakraverti

Wiccan Traditions and Modern Sensibilities



Mrinali Luthra

Delhi came together for an engaging edition of **The Write Circle** as author Deepta Roy Chakraverti joined Mrinali Luthra, **Ehsaas** Woman of Delhi, for an evening of thoughtful conversation and literary reflection. Bringing together readers, writers, and lovers of ideas, the session offered a fascinating glimpse into Chakraverti's creative journey and the experiences that have shaped her distinctive voice.

The evening commenced with a warm welcome address by Charu Chauhan, **Ehsaas** Woman of Delhi. Through an insightful and inquisitive exchange, Deepta Roy Chakraverti reflected on her evolution as a writer, discussing the inspirations, experiences, and intellectual pursuits that inform her work. The conversation explored themes of identity, intuition, spirituality, and storytelling, while also delving into the author's creative process and her enduring fascination with ancient wisdom traditions.

A lawyer trained at King's College London and a graduate in Mathematics from the University of Delhi, Chakraverti spent over a decade working with leading corporates before returning to her first love—the study of mystical traditions and writing. Her work draws upon a rich blend of influences, including her engagement with esoteric knowledge systems and a remarkable family legacy rooted in social reform and cultural thought. During the discussion, she shared insights into how these influences continue to shape her perspective and literary pursuits.

The interaction between the author, conversationalist, and audience brought depth and warmth to the evening, fostering meaningful dialogue and shared perspectives. An active Q&A session further enriched the discussion, allowing attendees to engage directly with the author and explore the themes raised during the conversation.

The evening concluded with a vote of thanks delivered by Richa Bafna, **Ehsaas** Woman of Delhi. As a token of appreciation, Deepta Roy Chakraverti was felicitated with traditional terracotta artefacts from Central India by Dipali Bhasin, **Ehsaas** Woman of Delhi. A warm book-signing session and personal interactions with readers brought the event to a memorable close, extending the spirit of conversation beyond the stage.

*This event was organized with the support of the **Ehsaas** Women of Delhi-NCR.*



Mrinali Luthra, Neelima Dalmia Adhar, Deepta Roy Chakraverti, Karuna Goenka, Dipali Bhasin, Charu Chauhan, Richa Bafna



Jagdeep Singh

An Evening of Poetry and Reflection



Malati Mathur

The Write Circle brought an evening of poetry, ideas, and literary reflection to Ajmer, where poet Jagdeep Singh engaged in a thought-provoking conversation with Malati Mathur. The session offered audiences an opportunity to explore the creative impulses, personal experiences, and intellectual influences that shape contemporary poetry.

Through an engaging dialogue, Singh reflected on his literary journey, sharing insights into the evolution of his voice as a poet and the inspirations behind his acclaimed works. The conversation traversed themes of memory, identity, and creative expression, highlighting the ways in which lived experiences find resonance in poetry. Drawing upon her academic and literary expertise, Mathur guided the discussion with depth and sensitivity, bringing forth perspectives that enriched the exchange and resonated with readers and aspiring writers alike.

Jagdeep Singh is a noted publicist, poet, and former educator whose work has earned recognition in contemporary Indo-English poetry. His debut collection, *My Epitaph*, received widespread critical acclaim



Swati Vashishtha



Devendra Ratnawat

Jand was recognised by the Journal of Commonwealth Literature as one of the most notable debut collections of 2020–21. His second anthology, *When Gods Don't Matter*, launched at the Jaipur Literature Festival, further established him as a distinctive literary voice.

The audience remained deeply engaged throughout the evening, contributing thoughtful questions and reflections during an interactive Q&A session that added further depth and dynamism to the conversation. The lively exchange underscored the enduring power of literature to foster dialogue, introspection, and meaningful human connection.

The evening commenced with a warm welcome address and concluded with a vote of thanks delivered by Swati Vashishtha. Marking a graceful close to the gathering, poet Jagdeep Singh and conversationalist Prof. Malati Mathur were presented with Dokra artefacts by Devendra Ratnawat in recognition of their contributions to a memorable evening of literary engagement.

The event brought together writers, readers, and lovers of literature, leaving attendees with fresh perspectives and a renewed appreciation for the transformative power of poetry and conversation.

This event was organized with the support of Ehsaas Women of Ajmer, in association with We Care Jaipur and hospitality partner Pratap Mahal

Home, Identity, and the Stories We Tell



Shunali Khullar Shroff

The Write Circle in Chennai welcomed bestselling author, essayist, and podcaster Shunali Khullar Shroff for an engaging conversation with Deepali Goyal, offering audiences an opportunity to delve into the experiences, observations, and ideas that have shaped her distinctive body of work. Through a candid and thought-provoking exchange, the session explored themes of home, family, contemporary lifestyles, and the evolving narrative styles that define Shroff's writing.

The evening commenced with a warm welcome address by Deepika Goyal, **Ehsaas** Woman of Chennai, setting the tone for a stimulating literary dialogue. Reflecting on her journey as a writer and cultural commentator, Shroff shared insights into her creative process and discussed how changing social realities, family dynamics, and contemporary urban experiences find expression in her work. The conversation also examined shifting literary trends and the ways in which storytelling continues to evolve alongside modern life, offering audiences a deeper understanding of the ideas that inform her work.

A journalist by training, Shunali Khullar Shroff is a Mumbai-based writer whose work spans fiction, essays, podcasting, and cultural commentary. Over the past two decades, she has written extensively on themes such as womanhood, class, identity, popular culture, art, and travel. She is the author of the bestselling novel *Love in the Time of Affluenza*, known for its sharp wit and incisive social commentary, and the memoir *Battle*



Deepali Goyal

Hymn of a Bewildered Mother. Her latest novel, *The Wrong Way Home*, explores themes of divorce, identity, and self-discovery in contemporary India. Shroff is also the co-host of *Not Your Auntie*, a popular culture podcast that examines contemporary issues with humour, candour, and insight.

The interaction between the author and attendees enriched the evening, fostering a vibrant exchange of ideas and perspectives. The formal vote of thanks was delivered by Vidya Gajapathi Raju Singh, **Ehsaas** Woman of Chennai. Marking a memorable close to the gathering, Shunali Khullar Shroff and Deepali Goyal were felicitated with traditional string marionettes—an exquisite craft native to Western India—celebrating both literary excellence and India's rich artistic heritage.

*This event was organized with the support of the **Ehsaas** Women of Chennai and hospitality partner The Park Chennai*



Vidya Gajapathi Raju Singh



Deepika Goyal

Invisible Lives, Visible Realities



Divya Purnaiya



Swati Pandey

Bringing hidden narratives to the forefront, **The Write Circle** Bengaluru presented an evening of candid conversation with author and distinguished bureaucrat Swati Pandey. In dialogue with Divya Purnaiya, **Ehsaas** Woman of Bengaluru, she reflected on the experiences that informed her work and the urgent need to view marginalised communities through a lens of empathy, dignity, and understanding.

The evening began with a warm welcome by Revathi Raju, **Ehsaas** Woman of Bengaluru. Through an engaging and deeply moving dialogue, Pandey reflected on her experiences working closely with vulnerable communities and the journey that led to the writing of her debut book, *Invisible in Plain Sight*. The conversation shed light on the lives of women in Mumbai's Kamathipura, encouraging audiences to look beyond



Vatsala Bhagla



Revathi Raju

stereotypes and engage with issues of social exclusion through a lens of compassion and understanding.

Swati Pandey is the Vice Chairman and Managing Director of the Maharashtra Airport Development Company and a distinguished career bureaucrat with nearly three decades of service across aviation,

infrastructure, public policy, and financial inclusion. During her tenure as Postmaster General of India Post, Mumbai Region, she spearheaded several transformative initiatives, including *Project Kamathipura*, which later became a Harvard-published case study. Her debut book, *Invisible in Plain Sight*, draws upon these experiences to present an empathetic and nuanced portrait of the lives of commercial sex workers. A National Award-winning filmmaker for *Elephants Do Remember* and a TEDx speaker, Pandey continues to champion social equity, cultural preservation, and meaningful public policy reform.

An engaging audience Q&A added further depth and vibrancy to the evening, fostering thoughtful discussion and reflection. The interaction between the author and attendees transformed the session into a meaningful space for dialogue, awareness, and shared learning.

A gracious vote of thanks was delivered by Vatsala Bhagla, **Ehsaas** Woman of Bengaluru, while Anil Kathotia felicitated the author with handcrafted terracotta artefacts. The evening concluded with a warm book-signing session and personal interactions, leaving attendees with a deeper appreciation of the power of storytelling to illuminate overlooked realities and inspire change.

*This event was organized with the support of the
Ehsaas Women of Bengaluru*



Swati Pandey



Shruti Jaiswal Juwarkar

Stories from the Margins

An engaging evening of conversation and reflection unfolded in Goa as **The Write Circle** brought together readers, thinkers, and literature enthusiasts for an insightful interaction with author and distinguished bureaucrat Swati Pandey. In conversation with Shruti Jaiswal Juwarkar, **Ehsaas** Woman of Goa, Pandey shared reflections from her literary journey, professional experiences, and the transformative power of storytelling to illuminate overlooked realities and inspire social change.

The discussion offered audiences a deeper understanding of the experiences that shaped Pandey's writing and public service journey. Drawing from her work in Mumbai's Kamathipura and the stories documented in *Invisible in Plain Sight*, she reflected on the profound impact of the pandemic on the lives and livelihoods of sex workers, many of whom found themselves further marginalised during a time of crisis. She also spoke candidly about navigating bureaucratic systems and entrenched societal attitudes while working to address their needs. At the heart of the conversation were the stories of women whose lives often remain ignored, overlooked, or intentionally unseen because they challenge conventional narratives and compel society to confront uncomfortable realities. Through these reflections, Pandey underscored the power of storytelling to foster empathy, understanding, and meaningful social change.

Swati Pandey is the Vice Chairman and Managing Director of the Maharashtra Airport Development Company and a distinguished career bureaucrat with nearly three decades of service across aviation, infrastructure, public policy, and financial inclusion. Her acclaimed debut book, *Invisible in Plain Sight*, draws

upon her experiences working with vulnerable communities and offers a nuanced portrayal of the lives of commercial sex workers. A National Award-winning filmmaker and TEDx speaker, Pandey continues to champion social equity and meaningful public policy through both her professional and creative pursuits.

The evening commenced with a warm welcome address by Gaurapriya Pai Kane, **Ehsaas** Woman of Goa, setting the tone for an enriching literary exchange. Audience participation added further depth to the conversation, creating a vibrant space for dialogue and shared perspectives.

As a token of appreciation and remembrance, Swati Pandey was felicitated by Aejaz Sheikh with exquisite Dokra artefacts. The programme concluded with a heartfelt vote of thanks delivered by Vaishali Joshi, **Ehsaas** Woman of Goa, bringing to a close a memorable evening celebrating books, ideas, and meaningful conversations.

*The event was organised with the support of the **Ehsaas** Women of Goa; hospitality partner Taj Cidade de Goa Heritage, and print media partner Lokmat*



Vaishali Joshi



Gaurapriya Pai Ka

History, Womanhood, and Storytelling



Faiza Abbasi



Neelima Dalmia Adhar

An evening of literature, reflection, and engaging conversation unfolded at Hafiz Manzil, Aligarh, during a memorable edition of **The Write Circle**. The gathering brought together readers, literature enthusiasts, and curious minds for an enriching dialogue with author Neelima Dalmia Adhar.

The session opened with welcome remarks by Faiza Abbasi, **Ehsaas** Woman of Aligarh, and witnessed enthusiastic participation from the audience, whose curiosity and thoughtful questions added depth and vibrancy to the conversation. The lively exchange transformed the gathering into a meaningful space for dialogue and reflection.

In conversation with Abbasi, Neelima Dalmia Adhar shared candid insights into her literary journey and the inspirations that have shaped her writing. The discussion explored themes of history, womanhood, faith, and identity, while also delving into the creative process behind her acclaimed novel *Radha: The Princess of Barsana*. Through thoughtful reflections, she spoke about reimagining historical and mythological narratives, giving voice to women's experiences, and the enduring relevance of these stories in contemporary society.

Neelima Dalmia Adhar is an author, columnist, and social commentator whose works explore a range of social, cultural, and historical themes. Known for her

engaging storytelling and thoughtful observations, she has established herself as a respected voice in contemporary Indian literature.

The evening concluded with a thoughtful closing note by Tariq Mansoor, bringing to a close a memorable literary gathering that celebrated books, ideas, and the enduring power of storytelling.

*This session was organized with the support of the **Ehsaas** Women of Aligarh*



Audience

Stories, Society, and the Human Experience

Laya Kumar

An evening of thoughtful conversation and literary reflection unfolded in Coimbatore as **The Write Circle** welcomed author and storyteller Neelima Dalmia Adhar for an engaging dialogue with acclaimed playwright Laya Kumar. Bringing together readers and literature enthusiasts, the session offered audiences an opportunity to explore the experiences, observations, and ideas that have shaped Adhar's writing and worldview.

The evening commenced with a gracious welcome note by Poonam Bafna, **Ehsaas** Woman of Coimbatore, setting a warm and reflective tone for the gathering. Through candid reflections, Neelima Dalmia Adhar shared stories from her personal and professional journey, offering nuanced perspectives on human relationships, society, and the transformative power of storytelling. The conversation highlighted how lived experiences often find their way into literature, creating narratives that resonate across generations and cultures.

An author, columnist, and social commentator, Neelima Dalmia Adhar is known for her thoughtful exploration of social, cultural, and historical themes. Through her writing, she examines the complexities of human nature and contemporary society, engaging readers with stories that are both insightful and deeply relatable.



Neelima Dalmia Adhar



Poonam Bafna



Roopa Mohandas

An engaging audience Q&A brought fresh energy to the evening, as thoughtful questions were met with equally insightful and sincere responses. The interaction enriched the conversation, transforming the session into a vibrant exchange of ideas and perspectives.

The evening drew to a close with a heartfelt vote of thanks delivered by Roopa Mohandas, **Ehsaas** Woman of Coimbatore. As a gesture of appreciation, both the author and conversationalist were felicitated with traditional handcrafted Dokra artefacts by Rohini Mohandas and Commander Shrihari respectively. A warm book-signing session followed, allowing attendees to interact personally with the author and carry the conversation beyond the stage.

An evening marked by reflection, curiosity, and meaningful dialogue, the gathering left audiences with fresh perspectives on storytelling, society, and the human experience.

*This event was organized with the support of the
Ehsaas Women of Coimbatore and hospitality partner
Welcomhotel by ITC Hotels, Coimbatore*

A NEW LITERARY CHAPTER UNFOLDS IN THE HILLS

A new cultural chapter began in the serene hills of Nainital as **Prabha Khaitan Foundation** introduced its flagship literary initiative, **The Write Circle**, to the city for the first time. The inaugural session brought together readers, writers, and literature enthusiasts for an evening of engaging conversations, storytelling, and reflection.

The session featured author Neelima Dalmia Adhar in conversation with Reena Kumari, **Ehsaas** Woman of Nainital. The dialogue explored the many facets of writing — from the inspirations behind a storyteller's journey to the enduring influence of mythology, heritage, and human emotions in literature.

The evening commenced with a warm welcome by Chandrika Kumari from Welcomheritage Ashdale, who introduced the **Prabha Khaitan Foundation** and its diverse initiatives across literature, culture, arts, and social impact. Her address set the tone for an enriching exchange that celebrated the power of words and ideas.

Sharing insights from her literary journey, Neelima Dalmia Adhar reflected on the experiences, histories, and personalities that shape her narratives. With her characteristic depth and candour, she spoke about the



Reena Kumari



Neelima Dalmia Adhar



Audience

process of transforming memories, observations, and cultural influences into stories that connect with readers.

The conversation also highlighted the importance of preserving conversations around India's literary and cultural traditions, creating spaces where authors and audiences can come together in meaningful dialogue.

The evening concluded with an engaging interaction with the audience, marking the beginning of a new literary tradition in Nainital. Akshobh Singh felicitated the author with exquisite Tribal Bamboo Masks from North-East India, celebrating the spirit of cultural exchange. Smriti Goyal, **Ehsaas** Woman of Haldwani, delivered the vote of thanks, bringing the evening to a warm close.

The session was followed by an intimate book signing, where readers connected personally with the author, making the first edition of **The Write Circle** in Nainital a memorable beginning.

*This session was organized with the support of **Ehsaas** Women of Nainital and Hospitality partner Welcomheritage Ashdale*



Smriti Goyal



Chandrika Kumari

On Happiness and Well-Being



Manju Agarwal



Unnati Singh

An evening of reflection, insight, and meaningful dialogue unfolded in Indore as **The Write Circle** brought together readers and seekers of knowledge for an engaging session with internationally acclaimed psychologist, author, and happiness coach Manju Agrawal. In conversation with Unnati Singh, **Ehsaas** Woman of Indore, Agrawal shared thoughtful perspectives on happiness, emotional well-being, relationships, and the pursuit of a more balanced and fulfilling life.

The discussion drew upon Agrawal's personal experiences and professional journey, offering audiences valuable insights into the workings of the mind and the importance of emotional resilience in an increasingly complex world. Through candid reflections and practical wisdom, she encouraged participants to cultivate self-awareness, meaningful connections, and a deeper understanding of their own emotional well-being.

The programme commenced with a welcome note delivered by Surbhi Dhupar, **Ehsaas** Woman of Indore. Throughout the session, the audience remained deeply engaged, contributing to an atmosphere of thoughtful reflection and meaningful exchange. The conversation resonated strongly with attendees, offering practical insights and leaving a lasting impression of calm understanding and introspection.

As a mark of remembrance, Manju Agrawal was felicitated by Surbhi Dhupar, Suchitra Dhanani, and Unnati Singh, **Ehsaas** Women of Indore. The evening

concluded with a vote of thanks delivered by Suchitra Dhanani, bringing to a close a memorable gathering centred on dialogue, emotional well-being, and the enduring pursuit of happiness.

*This session was organized with the support of the **Ehsaas** Women of Indore, venue partner Sayaji Hotel and media partner NaiDunia*



Suchitra Dhanani and Surbhi Dhupar



Audience

Stories Beyond the Metros



Shinjini Kumar



Bashobi Roy Gupta

An inspiring evening of conversation and reflection unfolded in Meerut as **The Write Circle** welcomed author, poet, and former banker Shinjini Kumar for an engaging dialogue with Bashobi Roy Gupta. Bringing together readers, entrepreneurs, and literature enthusiasts, the session explored ambition, enterprise, and the remarkable stories of women who are reshaping Middle India through resilience, innovation, and determination.

The discussion centred on Kumar's acclaimed book, *Busy Women: Building Commerce and Culture in Middle India*, which shines a light on women entrepreneurs and changemakers working beyond India's metropolitan centres. Through compelling anecdotes and observations, she reflected on the quiet revolutions taking place in smaller towns and cities, challenging conventional narratives about ambition, success, and opportunity. The conversation offered audiences fresh perspectives on the evolving social and economic landscape of contemporary India and the individuals driving change within it.

Shinjini Kumar brings nearly three decades of leadership experience across Indian financial services. Her

distinguished career has spanned roles at the Reserve Bank of India, Citibank, PWC India, Bank of America Merrill Lynch, and Paytm Payments Bank, where she served as the founding CEO. She is also the co-founder of a personal finance start-up and holds master's degrees in English Literature from the University of Delhi and Public Policy from the University of Texas at Austin. *Busy Women: Building Commerce and Culture in Middle India* is her debut book.

The audience remained deeply engaged throughout the session, responding enthusiastically to the themes and stories shared during the conversation. From accounts of resilience and entrepreneurship to reflections on culture and community, the discussion sparked curiosity and thoughtful exchange, leaving attendees with a renewed appreciation for the many ways in which India's story continues to be written beyond its major urban centres.

The evening commenced with a welcome address by Garima Mithal, **Ehsaas** Woman of Meerut, and concluded with a heartfelt vote of thanks by Anshu Mehra, **Ehsaas** Woman of Meerut. As a gesture of appreciation, the author and conversationalist were felicitated with traditional Jaipuri puppets by Manya Chaturvedi and Deepa Garga, respectively, followed by a warm and engaging book-signing session.



Anshu Mehra



Garima Mithal

*This session was organized with the support of the **Ehsaas** Women of Meerut, with hospitality partner Hotel Crystal Palace, and Hindi print media partner Dainik Jagran*



Shinjini Kumar

The Changing Face of Middle India



Kanak Rekha Chauhan

Lynch, and Paytm Payments Bank, where she served as the founding CEO. Today, she is also a start-up co-founder and author. Her debut book, *Busy Women: Building Commerce and Culture in Middle India*, chronicles the remarkable stories of women entrepreneurs transforming India's smaller cities and towns.

An evening of ideas, inspiration, and meaningful dialogue unfolded in Lucknow as **The Write Circle** welcomed author, poet, and former banker Shinjini Kumar for a thought-provoking conversation with Kanak Rekha Chauhan, **Ehsaas** Woman of Lucknow. The session explored the aspirations, challenges, and successes of women entrepreneurs from Middle India, offering audiences a compelling look at the individuals transforming their communities through innovation, resilience, and enterprise.

Drawing from her book *Busy Women: Building Commerce and Culture in Middle India*, Kumar reflected on the remarkable journeys of women who are driving change beyond India's metropolitan centres. The conversation highlighted how entrepreneurship is reshaping lives and communities in smaller cities and towns, while also examining the cultural, social, and economic realities that influence these journeys. Through stories of determination and leadership, the discussion shed light on a rapidly evolving India that often remains underrepresented in mainstream narratives.

Combining a distinguished career in finance with a passion for storytelling, Shinjini Kumar has spent nearly three decades shaping India's banking and financial services landscape. Her professional journey has taken her from the Reserve Bank of India and Citibank to leadership roles at PWC India, Bank of America Merrill

The evening began with a welcome address by Deepa Mishra, **Ehsaas** Woman of Lucknow, followed by an introduction to the **Prabha Khaitan Foundation** by Madhuri Halwasiya, Honorary Convenor of Awadh Affairs and **Ehsaas** Woman of Lucknow. The audience remained deeply engaged throughout the session, contributing to a vibrant exchange of ideas and perspectives around entrepreneurship, leadership, and social change.

As a token of appreciation, Shinjini Kumar was felicitated by Vandana Sehgal with traditional Jaipuri puppets, celebrating India's rich artistic heritage. The session concluded with a vote of thanks delivered by Dimple Trivedi, **Ehsaas** Woman of Lucknow.

*This session was organized with the support of the **Ehsaas** Women of Lucknow, in association with B.P. Halwasiya Foundation, hospitality partner Taj Mahal Lucknow, and media partner Dainik Jagran*



Dimple Trivedi



Madhuri Halwasiya, Deepa Mishra

प्रेम कभी समाप्त नहीं होता, बल्कि समय के साथ उसका स्वरूप बदलता रहता है : शिंजिनी कुमार

-अयोध्या में कलम के मंच पर शिंजिनी कुमार ने साझा किए प्रेम,
स्मृतियों और जीवन के गहन अनुभव



Shinjini Kumar



Manjari Mishra

प्रभा खेतान फाउंडेशन द्वारा आयोजित साहित्यिक श्रृंखला कलम के अंतर्गत अयोध्या में सुप्रसिद्ध लेखिका एवं कवयित्री शिंजिनी कुमार के साथ एक प्रेरक संवाद आयोजित किया गया। कार्यक्रम के प्रारंभ में अहसास वूमेन फैजाबाद की सीमू घई ने अतिथियों का स्वागत किया।

अपने स्वागत वक्तव्य में उन्होंने प्रभा खेतान फाउंडेशन की साहित्यिक एवं सांस्कृतिक पहलों का उल्लेख करते हुए बताया कि फाउंडेशन वर्षों से साहित्य, कला, संस्कृति और महिला सशक्तिकरण के क्षेत्र में सक्रिय है। कलम के माध्यम से लेखक और पाठकों के बीच सार्थक संवाद स्थापित करने का प्रयास किया जाता है। इसके साथ ही फाउंडेशन एक मुलाकात, लफ्ज, आखर, पोथी, सुर और साज तथा द राइट सर्कल जैसे विविध साहित्यिक एवं सांस्कृतिक कार्यक्रमों का भी नियमित आयोजन करता है।

कार्यक्रम में अहसास वूमेन मेरठ की मंजरी मिश्रा ने शिंजिनी कुमार से संवाद किया। बातचीत के दौरान शिंजिनी कुमार ने कहा कि प्रेम कभी समाप्त नहीं होता, बल्कि समय के साथ उसका स्वरूप बदलता रहता है। उन्होंने अपनी चर्चित कविता 'जहाँ प्रेम रहता है' का उल्लेख करते हुए कहा कि प्रेम के बाद भी उसकी स्मृतियाँ मन में जीवित रहती हैं और जीवन को निरंतर प्रभावित करती रहती हैं।

संवाद के दौरान उन्होंने अपनी रचनाओं में उपस्थित उदासी और संवेदनाओं के स्रोत पर भी खुलकर बात की। उन्होंने बताया कि अपनी माँ के अंतिम दिनों में उनके साथ बिताए समय



Meenakshi Modi



Simu Ghai

ने जीवन के प्रति उनका दृष्टिकोण पूरी तरह बदल दिया। उनके अनुसार, मृत्यु के इतने निकट रहकर व्यक्ति जीवन, रिश्तों और प्रेम को नए अर्थों में समझता है। उन्होंने कहा कि उनकी कविताएँ केवल प्रेम का उत्सव नहीं हैं, बल्कि रिश्तों की जटिलताओं, संवाद, असहमति और मानवीय संवेदनाओं की सशक्त अभिव्यक्ति भी हैं। इस अवसर पर शिंजिनी कुमार ने अपनी चर्चित कविता 'दुष्यंत की प्रेमिका' की रचना-प्रक्रिया भी साझा की।

कार्यक्रम के दौरान दर्शकों ने भी उत्साहपूर्वक सहभागिता की और लेखन, जीवन तथा साहित्य से जुड़े अनेक प्रश्न पूछे। शिंजिनी कुमार ने अपने अनुभवों और विचारों से सभी को प्रेरित किया। इस अवसर पर अहसास वूमेन एवं अवध क्षेत्र मामलों की मानद संयोजिका माधुरी हलवासिया ने शिंजिनी कुमार को दुपट्टा ओढ़ाकर सम्मानित किया। कार्यक्रम का समापन अहसास वूमेन फैजाबाद की मीनाक्षी मोदी द्वारा धन्यवाद ज्ञापन के साथ हुआ।

यह कार्यक्रम अहसास वूमेन, अयोध्या, बी.पी. हलवासिया फाउंडेशन, आतिथ्य एवं वेन्यू पार्टनर रॉयल हेरिटेज होटल एंड रिसॉर्ट तथा हिंदी मीडिया पार्टनर दैनिक जागरण के सहयोग से आयोजित किया गया।

भारत की बढ़ती वैश्विक प्रतिष्ठा के साथ हिन्दी के प्रति सम्मान भी बढ़ा है : दिव्या माथुर



Durgaprasad Agrawal

"घर केवल एक भौगोलिक सीमा नहीं, बल्कि एक भावना है। भारत मुझे उतना ही अपना लगता है, जितना इंग्लैंड, डेनमार्क या स्वीडन। पूरी धरती ही मेरा घर है।" यह कहना है प्रतिष्ठित कथाकार व साहित्यिक संस्था वातायन की संस्थापक दिव्या माथुर का, जिन्होंने प्रभा खेतान फाउंडेशन के जयपुर में आयोजित कलम में हिन्दी के वैश्विक स्वरूप तथा अपनी रचनात्मक यात्रा पर संवाद किया। संवादकर्ता थे प्रख्यात आलोचक डॉ. दुर्गाप्रसाद अग्रवाल।



Divya Mathur

सत्र का आरम्भ अपरा कुच्छल, अहसास वूमेन एवं प्रभा खेतान फाउंडेशन की राजस्थान एवं मध्य भारत मामलों की मानद संयोजक, के स्वागत उद्बोधन से हुआ। उन्होंने प्रभा खेतान फाउंडेशन की साहित्यिक यात्रा और उसके विविध कार्यों की जानकारी दी।

अपरा कुच्छल ने लेखिका एवं संवादकर्ता डॉ. दुर्गाप्रसाद अग्रवाल का परिचय देते हुए बताया कि दिव्या माथुर को नेशनल यूनिवर्सिटी ऑफ़ सिंगापुर तथा विश्व हिन्दी सचिवालय द्वारा सम्मानित किया जा चुका है। उनके चार कहानी-संग्रह, आठ उपन्यास, छह कविता-संग्रह तथा छह संपादित संकलन प्रकाशित हो चुके हैं। वहीं, डॉ. दुर्गाप्रसाद अग्रवाल के नाम एक दर्जन से अधिक पुस्तकें प्रकाशित हैं।

माथुर ने कहा कि भारत की बढ़ती वैश्विक प्रतिष्ठा के साथ-साथ हिन्दी के प्रति सम्मान भी बढ़ा है। अब विदेशों में भारतीय गर्व से हिन्दी बोलते हैं और नई पीढ़ी भी अपनी भाषा और संस्कृति से जुड़ रही है।

'आत्महत्या से पहले' जैसी कहानी ने उन्हें पहचान तो दिलाई, लेकिन उन्हें प्रताड़ना का सामना भी करना पड़ा। परिणामस्वरूप, उन्होंने पंद्रह वर्षों तक लेखन से दूरी बना ली। लंदन

“
भारत मुझे उतना ही
अपना लगता है,
जितना इंग्लैंड,
डेनमार्क या स्वीडन।
पूरी धरती ही मेरा घर है।
”

जाने के बाद उन्हें भारतीय उच्चायोग और नेहरू सेंटर से जुड़ने का अवसर मिला। वहीं से उनके साहित्यिक जीवन का दूसरा चरण प्रारम्भ हुआ और सन् 1990 में उनका पहला कहानी-संग्रह 'आक्रोश' प्रकाशित हुआ।

दिव्या माथुर ने स्वीकार किया कि उनके उपन्यास 'तिलिस्म' ने पुरुषों के प्रति उनकी दृष्टि बदल दी। "उस प्रक्रिया ने मेरे भीतर वर्षों से जमा पुरुष-विरोध को समाप्त कर दिया।"

कार्यक्रम के अंत में प्रभा खेतान फाउंडेशन की राष्ट्रीय सलाहकार विची कक्कड़ ने लेखिका दिव्या माथुर को स्मृति-चिह्न भेंट कर सम्मानित किया, जबकि अहसास वूमेन, जयपुर की कुलसुम मलिक ने संवादकर्ता डॉ. दुर्गाप्रसाद अग्रवाल का सम्मान किया। अंत में अपरा कुच्छल ने सभी के प्रति आभार व्यक्त किया।

कलम का यह आयोजन प्रभा खेतान फाउंडेशन एवं अहसास वूमेन, जयपुर के संयुक्त तत्वावधान में सम्पन्न हुआ। आयोजन में आईटीसी राजपुताना ने हॉस्पिटैलिटी पार्टनर तथा वीकेयर ने सहयोगी संस्था के रूप में सहभागिता निभाई।



Vinnie Kakkar, Ms. Kulsum Malik, Ms. Apra Kuchhal



Era Tak

जीवन में कितनी भी कड़वाहट आए, अपने भीतर की मिठास कम नहीं होनी चाहिए - इरा टाक

-प्रभा खेतान फाउंडेशन की पहल 'कलम' के अंतर्गत जयपुर में आयोजित साहित्यिक
संध्या में लेखिका इरा टाक से संवाद



Shipra Sharma

"जीवन में कितनी भी कड़वाहट आए, उससे अपने भीतर की मिठास कम नहीं होने देनी चाहिए। मेरे लिए सफलता का अर्थ केवल प्रसिद्धि या धन नहीं, बल्कि यह है कि मेरी कहानी पढ़कर कोई व्यक्ति मुस्कुरा सके, सुकून महसूस करे और थोड़ा-सा मजबूत बन जाए।" यह कहना था चर्चित लेखिका एवं फिल्म निर्माता इरा टाक का। वे प्रभा खेतान फाउंडेशन की साहित्यिक पहल कलम के अंतर्गत वी केयर एवं अहसास वूमैन के सहयोग से जयपुर में आयोजित आत्मीय संवाद में अपनी पुस्तक 'पिकोलो फाइल्स' और अपनी लेखन-यात्रा पर विचार साझा कर रही थीं। उन्होंने कहा, "कहानियाँ तितलियों की तरह होती हैं। उन्हें पकड़ा नहीं जा सकता; जब उनका मन होता है, वे स्वयं आपकी हथेली पर आकर बैठ जाती हैं।"

कार्यक्रम की शुरुआत प्रभा खेतान फाउंडेशन की राजस्थान एवं मध्य भारत मामलों की मानद संयोजक अपरा कुच्छल ने अंतरराष्ट्रीय योग दिवस, फादर्स डे और विश्व संगीत दिवस की शुभकामनाओं के साथ की। उन्होंने उपस्थित अतिथियों का स्वागत करते हुए लेखिका इरा टाक तथा संवादकर्ता शिप्रा शर्मा का परिचय कराया। संवाद के दौरान इरा टाक ने अपनी पुस्तक 'पिकोलो फाइल्स', लेखन-दृष्टि, पालतू साथियों के प्रति अपने भावनात्मक जुड़ाव और आगामी साहित्यिक परियोजनाओं पर विस्तार से चर्चा की। संवाद के उपरान्त श्रोताओं ने भी उनसे प्रश्न पूछे और पुस्तक पर विचार-विमर्श किया।

इस अवसर पर लेखिका प्रियंका जोधावत ने इरा टाक को स्मृति-चिह्न भेंट कर सम्मानित किया, जबकि सुश्री अलका बत्रा ने संवादकर्ता शिप्रा शर्मा का सम्मान किया। कार्यक्रम के अंत में अपरा कुच्छल ने धन्यवाद ज्ञापित किया।

“
कहानियाँ तितलियों की
तरह होती हैं। उन्हें पकड़ा
नहीं जा सकता;
जब उनका मन होता है,
वे स्वयं आपकी हथेली पर
आकर बैठ जाती हैं।
”



Apra Kuchhal



Audience

कलम जयपुर का आयोजन प्रभा खेतान फाउंडेशन द्वारा अहसास वूमैन एवं वी केयर के सक्रिय सहयोग से किया गया।



Anju Ranjan



Bishambhar Newar

लेखक बनना मुझे उतना ही प्रिय है, जितना राजनयिक बनना : अंजु रंजन

- कोलकाता में आयोजित 'कलम' सत्र में आईसीसीआर की उपमहानिदेशक अंजु रंजन ने साझा किए राजनयिक और साहित्यिक जीवन के अनुभव

राजनयिक होना मेरे लिए अत्यंत सौभाग्य की बात है। मैं राजनयिक बनने के लिए इतनी व्याकुल थी कि मैंने कभी भी आईएस को अपनी पहली पसंद नहीं बनाया। लेखक बनना भी मुझे उतना ही प्रिय है, जितना राजनयिक बनना।" यह कहना था भारतीय सांस्कृतिक संबंध परिषद (आईसीसीआर) की उपमहानिदेशक एवं चर्चित साहित्यकार अंजु रंजन का। वे प्रभा खेतान फाउंडेशन द्वारा आयोजित 'कलम' सत्र में अपने राजनयिक और साहित्यिक जीवन के अनुभव साझा कर रही थीं।

कार्यक्रम का शुभारंभ अहसास वूमेन, कोलकाता की शेफाली रावत अगरवाल के स्वागत भाषण से हुआ। उन्होंने प्रभा खेतान फाउंडेशन द्वारा साहित्य, कला, संस्कृति और महिला सशक्तीकरण के क्षेत्र में किए जा रहे सतत कार्यों की जानकारी देते हुए कहा कि फाउंडेशन साहित्यिक संवादों, पुस्तक लोकार्पण, सांस्कृतिक आयोजनों तथा कला-संबंधी गतिविधियों के माध्यम से रचनात्मक अभिव्यक्ति को निरंतर मंच प्रदान कर रहा है।

अतिथि परिचय में बताया गया कि वर्ष 2002 बैच की भारतीय विदेश सेवा अधिकारी अंजु रंजन झारखंड के चतरा जिले से हैं। वे नेपाल, यूनाइटेड किंगडम और दक्षिण अफ्रीका में भारत की महावाणिज्यदूत के रूप में अपनी सेवाएँ दे चुकी हैं तथा वर्तमान में आईसीसीआर में उपमहानिदेशक के पद पर कार्यरत हैं। राजनयिक होने के साथ-साथ वे एक चर्चित साहित्यकार भी हैं। उनकी प्रमुख कृतियों में 'प्रेम के विभिन्न अंग', 'विस्थापन और यादें', 'वो कागज की कश्ती', 'कोरोना के दौरान', 'एक राजनयिक की कोरोना डायरी' तथा 'शीतल धूप' शामिल हैं। कार्यक्रम का संचालन वरिष्ठ पत्रकार, लेखक एवं मीडिया उद्यमी विश्वम्भर नेवर ने संवादकर्ता के रूप में किया।



Nilisha Agarwal



Shefali Rawat Agarwal

“
कोई भी विधा एकांगी नहीं होती।
जब भी आप कोई कविता लिखते या
सोचते हैं, तो उसके पीछे कोई-न-कोई
संस्मरण होता है, कोई-न-कोई
कहानी होती है।
”

संवाद के दौरान अंजु रंजन ने कहा, "मैंने कहानी, कविता और संस्मरण-तीनों विधाओं में लिखा है। मेरा मानना है कि कोई भी विधा एकांगी नहीं होती। जब भी आप कोई कविता लिखते या सोचते हैं, उसके पीछे कोई-न-कोई संस्मरण और कोई-न-कोई कहानी

अवश्य होती है। मेरे विचार से ये तीनों विधाएँ किसी भी लेखक की लेखन-प्रक्रिया में समानांतर चलती हैं और उसकी अभिव्यक्ति को अधिक स्पष्टता तथा अधिक आयाम प्रदान करती हैं।"

उन्होंने अपने राजनयिक जीवन से जुड़े अनेक संस्मरण भी साझा किए। कार्यक्रम के दौरान श्रोताओं ने उनसे विभिन्न विषयों पर प्रश्न किए, जिनका उन्होंने सहजता और आत्मीयता से उत्तर दिया।

कार्यक्रम के अंत में अहसास वूमेन, कोलकाता की निलिशा अगरवाल ने धन्यवाद ज्ञापित किया। इस अवसर पर वरिष्ठ पत्रकार राज मिठौलिया ने अतिथियों को सम्मानस्वरूप पश्चिमी भारत की पारंपरिक कठपुतली स्मृति-चिह्न भेंट किया।

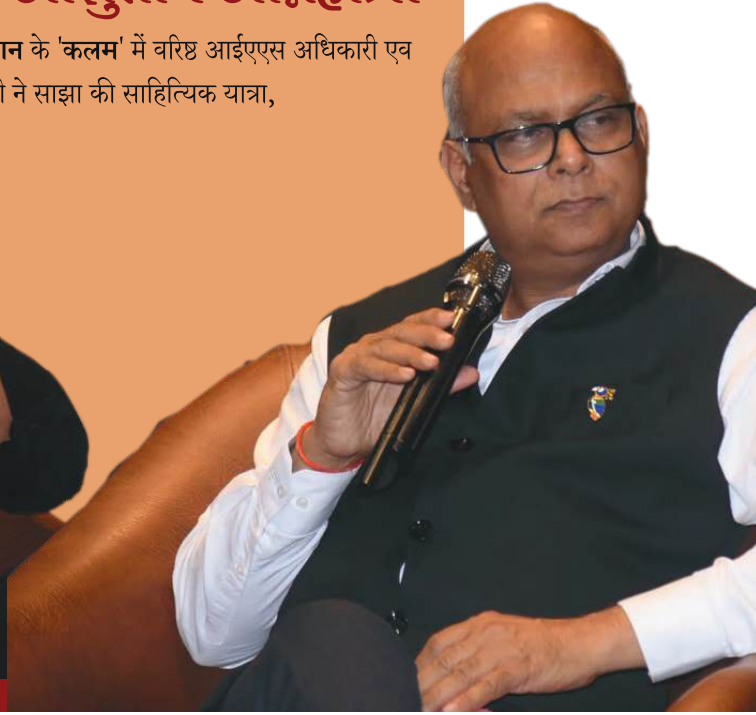
'कलम' का यह आयोजन प्रभा खेतान फाउंडेशन एवं अहसास वूमेन, कोलकाता के तत्वावधान में सम्पन्न हुआ। ताजा टीवी ने कार्यक्रम में सहयोगी संस्था के रूप में सहभागिता निभाई।

कोई शक्ति मनुष्य को भीतर से जीवित रखती है, तो वह साहित्य है : आशुतोष अग्निहोत्री

- प्रभा खेतान फाउंडेशन के 'कलम' में वरिष्ठ आईएएस अधिकारी एवं कवि आशुतोष अग्निहोत्री ने साझा की साहित्यिक यात्रा, सुनाई मार्मिक कविताएँ



Ashutosh Agnihotri



Vandana Singh



Shashank Bhargava

साहित्य केवल शब्दों का विन्यास नहीं, बल्कि मनुष्य की संवेदनाओं को जीवित रखने की साधना है। जीवन की भागदौड़ और प्रशासनिक दायित्वों के बीच यदि कोई शक्ति मनुष्य को भीतर से जीवित रखती है, तो वह साहित्य है। यह विचार वरिष्ठ आईएएस अधिकारी एवं प्रख्यात कवि आशुतोष अग्निहोत्री ने प्रभा खेतान फाउंडेशन के साहित्यिक उपक्रम 'कलम' गाजियाबाद के अंतर्गत आयोजित संवाद में व्यक्त किए।

रैडिसन ब्लू टावर्स, कौशांबी (दिल्ली-एनसीआर) में आयोजित इस साहित्यिक संस्था का शुभारंभ होटल के डायरेक्टर ऑपरेशंस एवं यूनिट हेड शशांक भार्गव द्वारा अतिथियों के स्वागत भाषण के साथ हुआ। उन्होंने कहा कि प्रभा खेतान फाउंडेशन जैसे प्रतिष्ठित साहित्यिक आयोजन की मेजबानी करना उनके लिए गर्व और सम्मान का विषय है।

स्वर संस्था की ओर से वंदना सिंह ने प्रभा खेतान फाउंडेशन की गतिविधियों का परिचय देते हुए बताया कि फाउंडेशन भारत सहित विश्व के 60 से अधिक शहरों में साहित्य, कला और संस्कृति के संवर्धन का कार्य कर रहा है।

संवाद की शुरुआत साहित्यकार आलोक अविरल ने आशुतोष अग्निहोत्री की साहित्यिक यात्रा, पारिवारिक परिवेश तथा प्रशासनिक जीवन के साथ लेखन के संतुलन को लेकर प्रश्नों से की। आशुतोष अग्निहोत्री ने बताया कि उनके पिता ने केवल भाषा ही नहीं सिखाई, बल्कि अनुभवों को शब्द देने की दृष्टि भी दी। उन्होंने कहा, "मेरी सबसे बड़ी इच्छा यही है कि मैं सबसे पहले मनुष्य बना रहूँ। साहित्य मेरे लिए केवल रुचि नहीं, बल्कि जीवन की आवश्यकता है। यदि साहित्य मेरे जीवन में न हो, तो मेरा व्यक्तित्व अधूरा रह जाएगा।"

“
मेरी सबसे बड़ी इच्छा
यही है कि मैं सबसे
पहले मनुष्य
बना रहूँ।
”

अपनी चर्चित कृति 'सब पर राम तपस्वी राजा' पर चर्चा करते हुए उन्होंने कहा कि उनके लिए राम केवल आस्था के विषय नहीं, बल्कि मनुष्य के भीतर जागृत चेतना के प्रतीक हैं। कार्यक्रम के दौरान आशुतोष अग्निहोत्री ने अपनी अनेक चर्चित कविताओं का प्रभावशाली पाठ किया। प्रश्नोत्तर सत्र में उन्होंने

अपनी पुस्तक की रचना-प्रक्रिया, पात्रों के चयन तथा साहित्य और अध्यात्म के संबंध पर भी विस्तार से अपने विचार रखे।

इस अवसर पर संजीव पालीवाल ने प्रभा खेतान फाउंडेशन की ओर से आशुतोष अग्निहोत्री तथा संवादकर्ता आलोक अविरल को मध्य भारत की पारंपरिक टेराकोटा हस्तशिल्प की जोड़ी भेंट कर सम्मानित किया। कार्यक्रम के अंत में उपस्थित साहित्यप्रेमियों ने लेखक से हस्ताक्षरित प्रतियाँ प्राप्त कीं। वंदना सिंह ने धन्यवाद ज्ञापन किया।



Audience

कार्यक्रम का आयोजन प्रभा खेतान फाउंडेशन द्वारा अहसास वूमेन एवं स्वर संस्था के सहयोग से किया गया। कार्यक्रम के हॉस्पिटैलिटी पार्टनर रैडिसन ब्लू टावर्स, कौशांबी (दिल्ली-एनसीआर) तथा मीडिया पार्टनर दैनिक जागरण रहे।

मानव सभ्यता को समझने के लिए भारत को समझना आवश्यक : अशोक कुमार तिवारी

- प्रभा खेतान फाउंडेशन की ओर से 'एक मुलाकात' शृंखला के अंतर्गत आयोजित संवाद में मानव संग्रहालय के पूर्व निदेशक ने आदिवासी संस्कृति और गिरमिटिया इतिहास पर साझा किए गहन विचार



Kalpana Chaudhary



Ashok Kumar Tiwari

मनुष्य की सबसे बड़ी पहचान उसकी जिजीविषा और परिस्थितियों के अनुरूप स्वयं को ढालने की क्षमता है। मानव सभ्यता का विकास केवल तकनीकी प्रगति की कहानी नहीं, बल्कि निरंतर प्रवास, संघर्ष, अनुकूलन और सांस्कृतिक संरक्षण का इतिहास भी है। भारत को समझना अपने आप में जीवनभर का कार्य है, क्योंकि इसकी सांस्कृतिक विविधता और सामाजिक संरचना विश्व में अद्वितीय है। ये विचार मानव संग्रहालय, भोपाल के पूर्व निदेशक, प्रख्यात मानवविज्ञानी एवं लेखक अशोक कुमार तिवारी ने प्रभा खेतान फाउंडेशन की 'अहसास वूमेन' की ओर से 'एक मुलाकात' शृंखला के अंतर्गत आयोजित संवाद में व्यक्त किए।

कार्यक्रम के प्रारंभ में रायपुर की 'अहसास वूमेन' की सदस्य अदिति श्रीवास्तव खंडेलवाल ने सभी का गर्मजोशी से स्वागत किया। कार्यक्रम में अतिथि से संवाद रायपुर की 'अहसास वूमेन' की कल्पना चौधरी ने किया। उन्होंने तिवारी जी के बाल्यकाल, मानव संग्रहालय की स्थापना, आदिवासी समाज के साथ उनके दशकों लंबे कार्य, मानव सभ्यता, प्रवास, गिरमिटिया इतिहास तथा भारतीय सांस्कृतिक विरासत जैसे अनेक विषयों पर विस्तृत चर्चा की।



Aditi Srivastava Khandelwal

श्री तिवारी ने संवाद के दौरान कहा कि संग्रहालय केवल वस्तुओं का प्रदर्शन स्थल नहीं होता, बल्कि वह मनुष्य और उसकी सभ्यता का जीवंत दस्तावेज होता है। आदिवासी समाज के बीच वर्षों तक रहते हुए उन्होंने अनुभव किया कि प्रकृति के साथ सामंजस्य, सामुदायिक जीवन और जीवन-दर्शन के अनेक ऐसे सूत्र वहाँ मिलते हैं, जिनसे आधुनिक

समाज बहुत कुछ सीख सकता है।

कार्यक्रम के अंत में उपस्थित श्रोताओं ने अनेक प्रश्न पूछे, जिनका अतिथि ने सारगर्भित उत्तर दिया। इस अवसर पर उपस्थित सभी लोगों ने लेखक की हस्ताक्षरित पुस्तक प्राप्त की, जिससे यह आयोजन उनके लिए एक यादगार अनुभव बन गया।

इस अवसर पर डॉ. सुशील त्रिवेदी ने अशोक कुमार तिवारी का सम्मान किया। कार्यक्रम के अंत में अदिति श्रीवास्तव खंडेलवाल ने धन्यवाद ज्ञापित करते हुए सभी अतिथियों, श्रोताओं एवं सहयोगियों के प्रति आभार व्यक्त किया।

“संग्रहालय केवल वस्तुओं का प्रदर्शन स्थल नहीं होता, बल्कि वह मनुष्य और उसकी सभ्यता का जीवंत दस्तावेज होता है।”

कार्यक्रम को सफल बनाने में प्रभा खेतान फाउंडेशन, अहसास वूमेन, रायपुर तथा हॉस्पिटैलिटी पार्टनर 'विमतारा' का सक्रिय सहयोग रहा।



Dorothy Shaw

Celebrating Movement and Creativity



Sumitra Ray

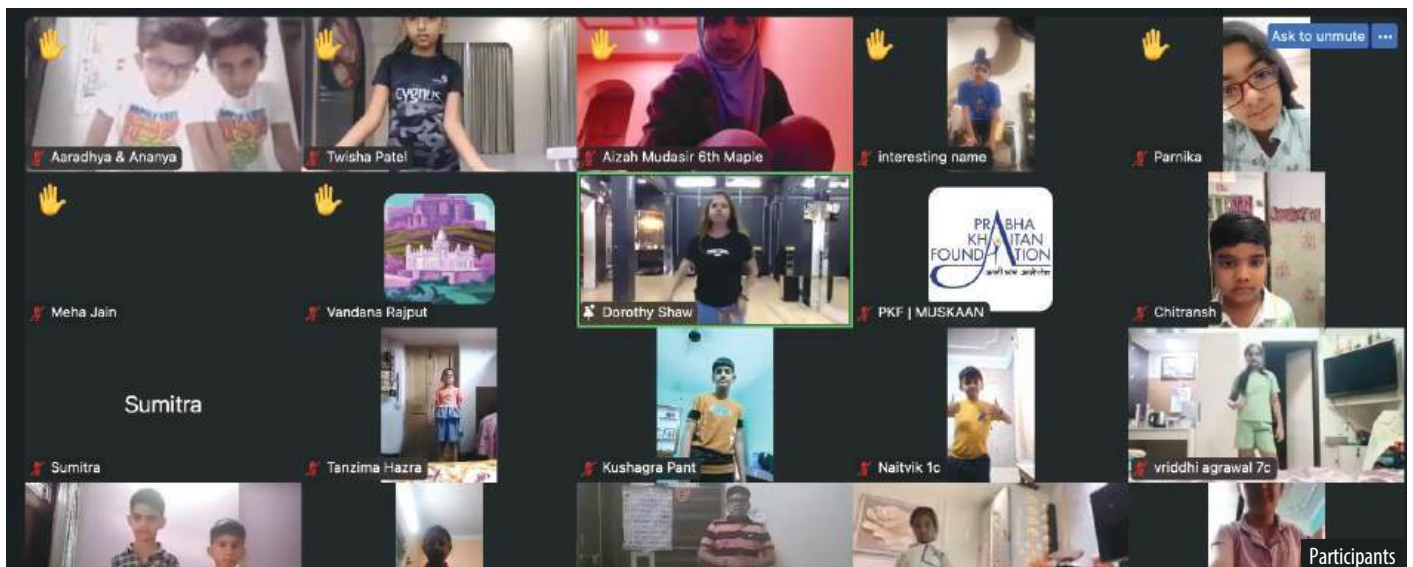
International Dance Day 2026 was celebrated with enthusiasm and energy through a special workshop organized by **Muskaan**, an initiative of **Prabha Khaitan Foundation**, bringing together students from across the country for an inspiring experience of movement, expression, and creativity.

Led by dancer and choreographer Dorothy Shaw, the online workshop introduced participants to the joy of dance as a powerful medium of self-expression and connection. Through engaging exercises and interactive sessions, students explored rhythm, movement, and performance while gaining valuable insights from Shaw's expertise and experience in the field.

The workshop created a vibrant and inclusive environment where participants were encouraged to express themselves freely, build confidence, and discover the transformative power of dance. The enthusiasm and eagerness displayed by the students made the session both lively and memorable.

Marking International Dance Day in a meaningful way, the initiative celebrated not only the art of dance but also its ability to inspire creativity, foster self-expression, and bring people together through a shared love of movement.

This session was organized in association with Education For All Trust and with the support of Sri Jhumarmal Bachhawat Charitable Trust



Nurturing Confidence and Inner Strength



Neha Budhia and Preeti Maroti

An enriching session organised by **Prabha Khaitan Foundation**, under its **Muskaan** initiative, brought together children for an engaging exploration of self-belief, emotional well-being, and the power of positive thinking. Designed to encourage confidence, resilience, and self-awareness, the workshop created a joyful space where young minds could learn, reflect, and express themselves freely.

Facilitated by Neha Budhia and Preeti Maroti, the session introduced participants to concepts such as faith, visualisation, affirmations, and emotional well-being through a series of interactive stories, breathing exercises, creative activities, and meaningful conversations. Through exercises like “box breathing,” “magic mirror affirmations,” and “mind movies,” children were encouraged to recognise their strengths, cultivate positive habits, and develop a deeper sense of self-confidence.

The workshop also featured visualisation-based drawing activities that allowed participants to translate their aspirations and imagination into creative expression. The

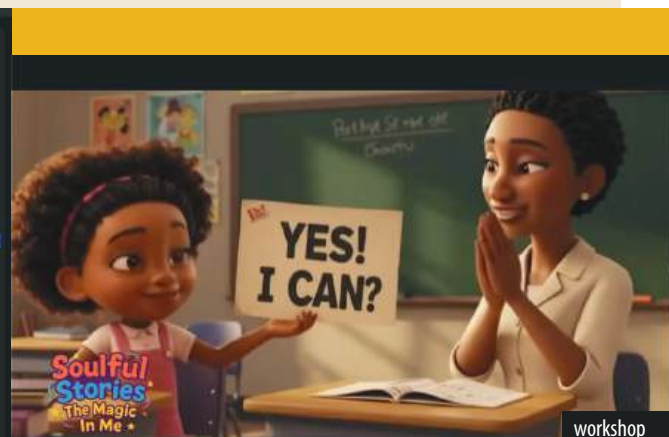
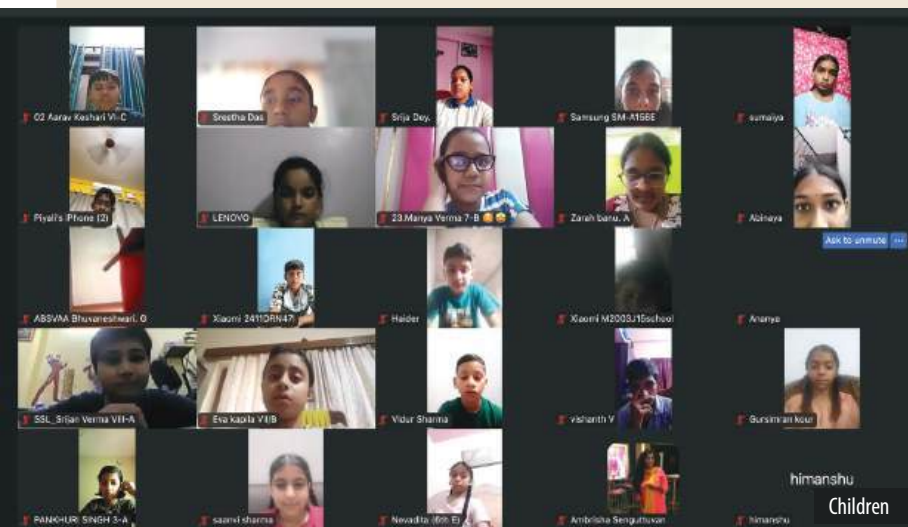


Sumitra Ray

enthusiasm and curiosity displayed by the children throughout the session transformed the workshop into a lively and inspiring experience, filled with learning, laughter, and discovery.

More than just an educational activity, the session served as a gentle reminder that confidence, courage, and positivity begin from within. By encouraging children to believe in themselves and embrace their unique potential, the workshop left participants with valuable tools for personal growth and emotional well-being.

This session was organised in association with Education For All Trust



workshop

himanshu
Children



Book Launch

Redefining the Weight Loss Journey

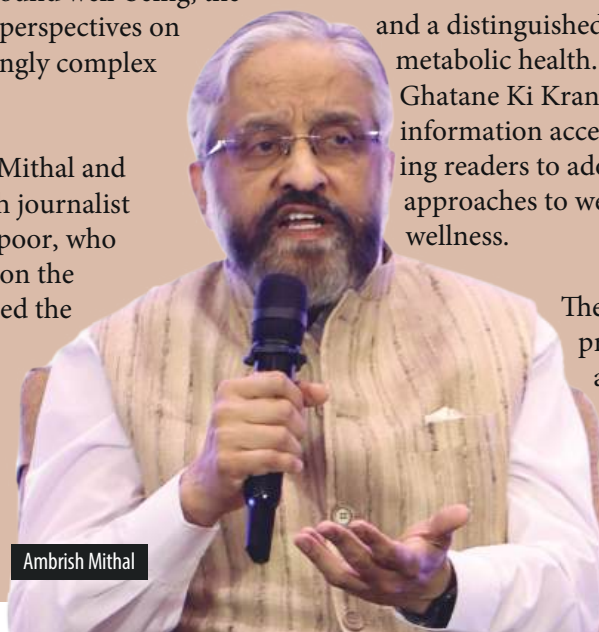
Questions of health, wellness, and sustainable weight management took centre stage in Gurugram as **Kitaab** hosted the launch of *Wazan Ghatane Ki Kranti*, authored by Ambrish Mithal with Shivam Vij. Bringing together medical expertise, lived experiences, and contemporary conversations around well-being, the session offered audiences fresh perspectives on navigating health in an increasingly complex world.

The evening featured Ambrish Mithal and Shivam Vij in conversation with journalist and anchor Sonal Mehrotra Kapoor, who guided a thoughtful discussion on the ideas and experiences that shaped the book. The dialogue examined contemporary attitudes towards weight loss, the science behind healthy living, and the importance of addressing health challenges with knowledge, awareness,

and long-term commitment. Through personal insights and professional expertise, the speakers offered audiences a nuanced perspective on one of the most widely discussed aspects of modern health.

Ambrish Mithal is one of India's leading endocrinologists and a distinguished authority on diabetes, obesity, and metabolic health. Co-authored with Shivam Vij, *Wazan Ghatane Ki Kranti* seeks to make complex health information accessible to a wider audience, encouraging readers to adopt informed and sustainable approaches to weight management and overall wellness.

The session was further enriched by the presence of Special Guests Kapil Dev and Dr. Harsh Vardhan, both of whom shared insightful reflections on health, discipline, and the importance of well-being in everyday life. Their perspectives added depth to the evening's discussions



Ambrish Mithal

and resonated strongly with the audience.

The formal welcome address was delivered by Shinjini Kulkarni, **Ehsaas** Woman of Gurugram, while Mrinali Luthra, **Ehsaas** Woman of Delhi, introduced the vision and journey of the **Prabha Khaitan Foundation**. A special felicitation ceremony honoured the guests and speakers with handcrafted Dokra artefacts. Karuna Goenka, **Ehsaas** Woman of Gurugram, felicitated Dr. Harsh Vardhan; Arnab Chatterjee, General Manager, Taj City Centre Gurugram, felicitated Kapil Dev; Neelima Dalmia Adhar, Honorary Convenor of Delhi NCR Affairs and Ehsaas Woman of Delhi felicitated Ambrish Mithal; Anantmala Potdar, **Ehsaas** Woman of Delhi, felicitated Shivam Vij; and Mrinali Luthra, **Ehsaas** Woman of Delhi, felicitated Sonal Mehrotra Kapoor.

An engaging audience Q&A and a warm book-signing session added further vibrancy to the gathering, allowing attendees to interact directly with the speakers and

continue the conversation beyond the stage. The evening concluded with a vote of thanks delivered by Richa Yadav, **Ehsaas** Woman of Delhi.



kapil Dev



Shivam Vij



Audience



Harsh Vardhan

*This session was organised with the support of the **Ehsaas** Women of Delhi-NCR, in association with venue partner Taj City Centre Gurugram, and media partner Dainik Jagran*



Shantanu K. Singh

An insightful session on cyber safety and digital awareness was recently organised under the **Prabha Khaitan Foundation's Sahyog** initiative at Jaipur. Focusing on the theme '*Trends and Prevention of Cyber Crime*', the programme brought together participants eager to better understand the evolving nature of cyber threats and the measures necessary to safeguard themselves in an increasingly digital world.

The session was led by Shantanu K. Singh, IPS, DIG Cyber Crime, Rajasthan Police, who shared valuable insights into emerging cybercrime trends and the importance of timely action in the event of online fraud. Highlighting the significance of the first sixty minutes following a cybercrime incident, often referred to as the "Golden Hour," he explained how prompt reporting can play a crucial role in freezing defrauded funds, preserving digital evidence, preventing further transfer of money, and enabling authorities to act swiftly against perpetrators. His observations underscored the importance of awareness, vigilance, and immediate response in strengthening cybercrime investigations and improving the chances of recovery.

An accomplished IPS officer, Shantanu K. Singh currently serves as DIG Cyber Crime, Rajasthan Police. Through his work, he has been actively involved in addressing cyber threats, strengthening digital security frameworks, and promoting public awareness around cybercrime prevention.

UNDERSTANDING CYBER CRIME IN THE DIGITAL AGE

The session offered practical guidance on navigating the challenges of the digital age and encouraged participants to adopt safer online practices. Through real-world examples and expert insights, the programme fostered greater awareness of the risks associated with cybercrime while equipping attendees with the knowledge needed to respond effectively in critical situations.

The event served as a meaningful platform for dialogue and learning, reinforcing the importance of digital literacy and collective vigilance in creating a safer online environment.

*This session of **Sahyog** was in association with Spark PR*



Shantanu K. Singh & Tusharika Singh



Jagdeep Singh

REWEAR4EARTH: MAKING SUSTAINABLE FASHION A WAY OF LIFE

Sustainability begins with small, mindful choices.

Reinforcing this belief, **Prabha Khaitan Foundation**, in collaboration with three-time Grammy Award winner Ricky Kej, organised the **#ReWear4Earth** Challenge for **Ehsaas Women**, encouraging them to celebrate conscious fashion and responsible consumption.

Inspired by Ricky Kej's decision to repeat an outfit while receiving his Grammy Award in Las Vegas and later on the Cannes red carpet, the initiative challenged the perception that repeating clothes is unfashionable. Instead, it highlighted rewearing and restyling as simple yet impactful steps towards reducing waste and embracing sustainable living.

The special challenge invited **Ehsaas Women** to share photographs and reels showcasing outfits they had worn earlier, creatively styled in new ways. The enthusiastic participation reflected how fashion can be expressive while also being environmentally conscious. Each entry

celebrated individuality, creativity, and the idea that every garment deserves a longer life.



Ricky Kej

Three inspiring participants were selected for a special opportunity to meet Ricky Kej over a one-on-one coffee conversation. The interaction served as a meaningful recognition of their commitment towards making sustainability a part of everyday choices.

Through **#ReWear4Earth**, the **Ehsaas** community came together to demonstrate that sustainability is not about giving up style, but about rethinking habits. The initiative reaffirmed that conscious choices, when adopted collectively, can create lasting change—one outfit at a time.

We are delighted to showcase the inspiring entries of the winners and participants who embraced this idea with creativity, enthusiasm, and a commitment towards a more sustainable future.

OUR WINNERS



Apra Kuchhal



Isha Gupta Vaish



Neelima Dalmia Adhar

ALL OUR PARTICIPANTS



Anshu Mehra



Vedula Ramalakshmi



Mansi Malik



Praneet Bubber



Esha Dutta



Anagani Kamala Devi



Anjum Babukhan



Gaurpriya Pai Kane



Nidhi Garg



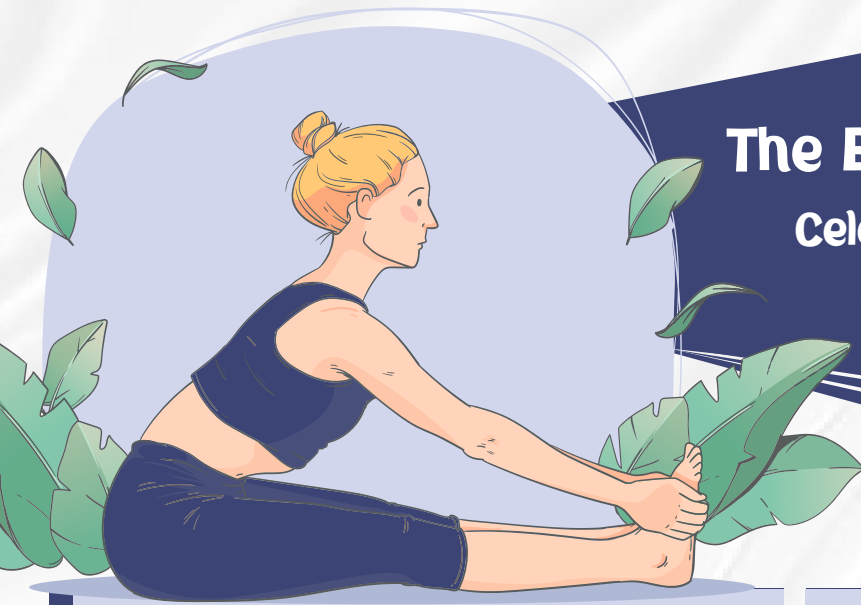
Madhuri Halwasiya



Dimple Trivedi



Priyanka Kothari



The Ehsaas Yoga Challenge: Celebrating Wellness with an Exclusive Meet & Greet



To mark the International Day of Yoga, **Prabha Khaitan Foundation** invited the **Ehsaas Women** to celebrate the values of wellness, mindfulness, and balance through a special yoga challenge — with an opportunity to meet and interact with Dr. Shashi Tharoor as a unique highlight of the initiative.

The challenge invited **Ehsaas Women** to record a short video performing their favourite yoga asana, share its significance, and post it on social media, encouraging them to inspire others through their personal wellness journeys. The initiative beautifully brought together the practice of yoga with the spirit of community, participation, and connection.

The response from the women was overwhelming, with women from across India participating enthusiastically. **Ehsaas**

Women from Raipur,
Coimbatore, Prayagraj,
Bengaluru, Meerut,
Aligarh, Varanasi,
Delhi-NCR,



Shashi Tharoor

Bhubaneswar, Nagpur, Dehradun, and Indore came together to showcase their commitment towards mindful living.

Through their videos, participants highlighted that yoga is not merely a physical practice but a pathway towards self-awareness, strength, and inner harmony. The challenge celebrated diverse expressions of wellness while encouraging women to make holistic health a part of everyday life.

Three inspiring participants will be selected as winners and will receive an exclusive opportunity to meet Dr. Shashi Tharoor over a meal or coffee — creating a memorable interaction with one of India's most celebrated public figures and thought leaders.

The initiative reflected the Foundation's continued effort to create meaningful engagements for the **Ehsaas Women**, blending personal growth, shared experiences, and inspiring conversations. The Yoga Challenge served as a reminder that wellness thrives when celebrated collectively.



CELEBRATING THE *Soul* OF INDIAN MUSIC



An evening of extraordinary musical splendour unfolded in Delhi as **Prabha Khaitan Foundation**, in association with ITC Hotels, presented a mesmerising performance by Padma Bhushan recipient, Grammy Award-winning maestro Pt. Vishwa Mohan Bhatt at ITC Maurya.

A pioneer of Indian classical music, Pt. Vishwa Mohan Bhatt is renowned for creating the Mohan Veena — a unique instrument that beautifully blends the tonal richness of the sitar, veena, and slide guitar traditions. His music carries the depth of Indian classical ragas while embracing a distinctive global appeal, creating an experience that transcends boundaries.

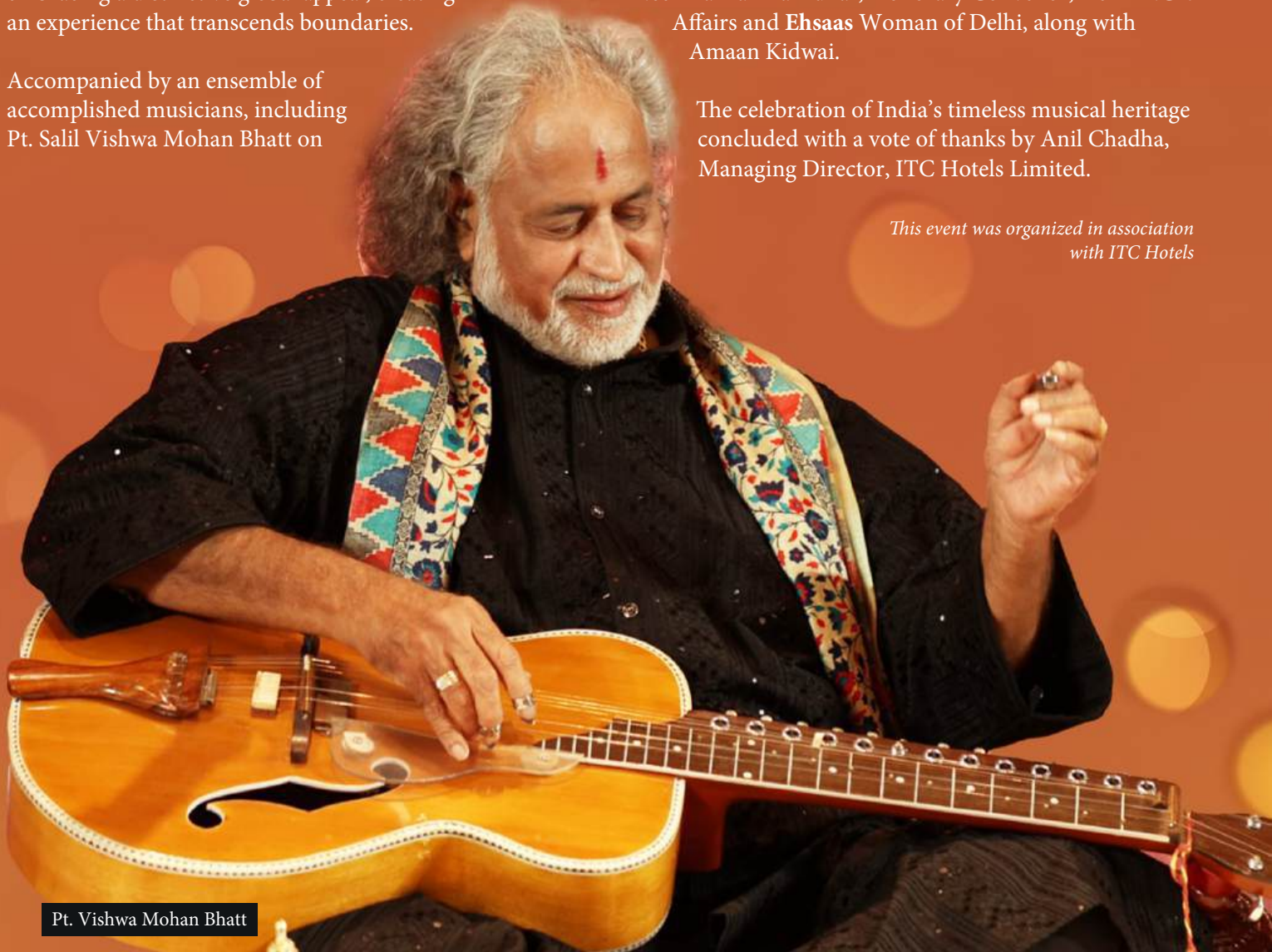
Accompanied by an ensemble of accomplished musicians, including Pt. Salil Vishwa Mohan Bhatt on

Satvik Veena, Shri Abhishek Mishra on tabla, Shri Ratan Prasanna on acoustic guitar, Shri Navin Kumar on Octapad, and Shri Ashish on keyboards, the maestro captivated the audience with soulful melodies, intricate improvisations, and a seamless harmony of traditional and contemporary sounds.

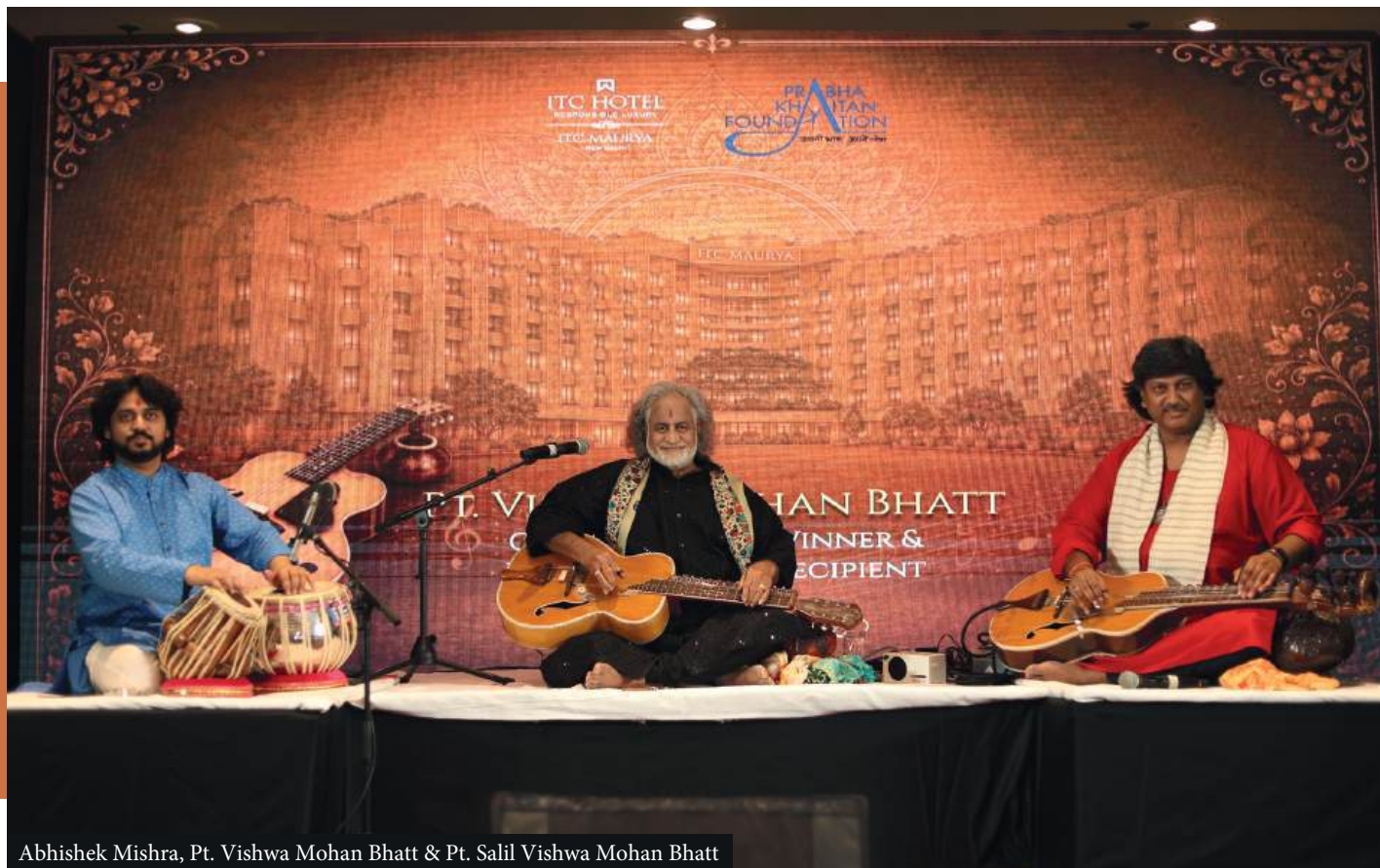
The evening commenced with a warm welcome by Shinjini Kulkarni, **Ehsaas** Woman of Gurugram, while Amaan Kidwai, Area Manager – Luxury Hotels (North) & General Manager, ITC Maurya, addressed the gathering. Pt. Vishwa Mohan Bhatt was felicitated by Neelima Dalmia Adhar, Honorary Convenor, Delhi-NCR Affairs and **Ehsaas** Woman of Delhi, along with Amaan Kidwai.

The celebration of India's timeless musical heritage concluded with a vote of thanks by Anil Chadha, Managing Director, ITC Hotels Limited.

*This event was organized in association
with ITC Hotels*



Pt. Vishwa Mohan Bhatt

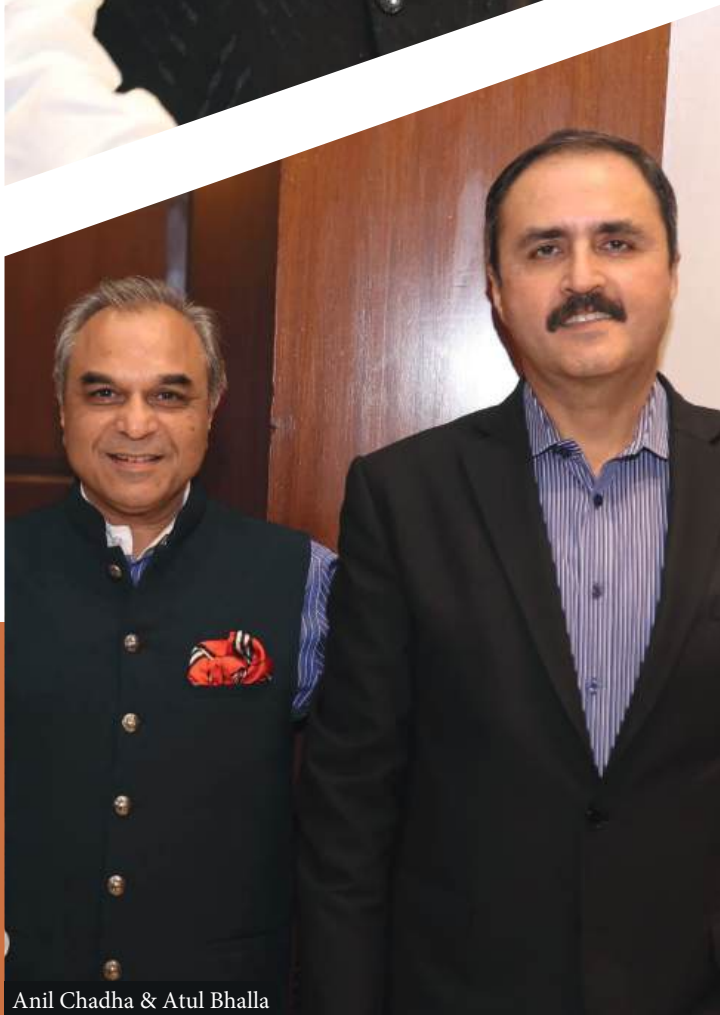




Amaan Kidwai



Neelima Dalmia Adhar, Pt. Vishwa Mohan Bhatt & Amaan Kidwai



Anil Chadha & Atul Bhalla



Shinjini Kulkarni



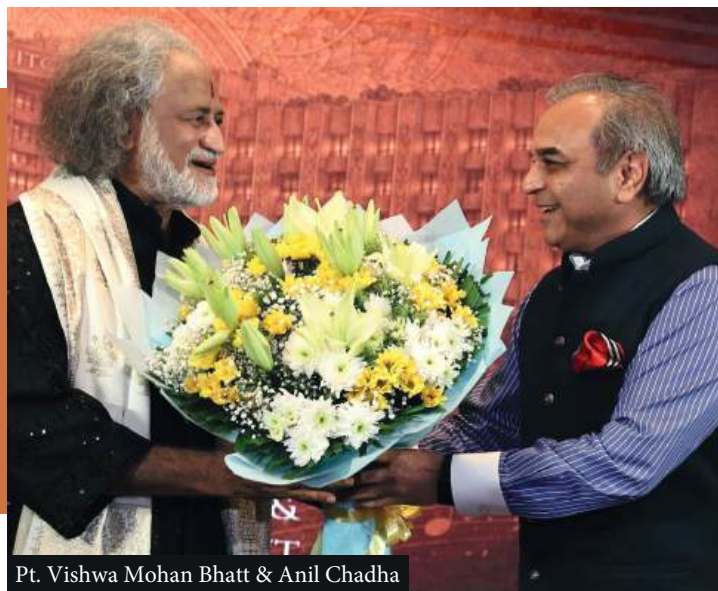
Abhishek Mishra



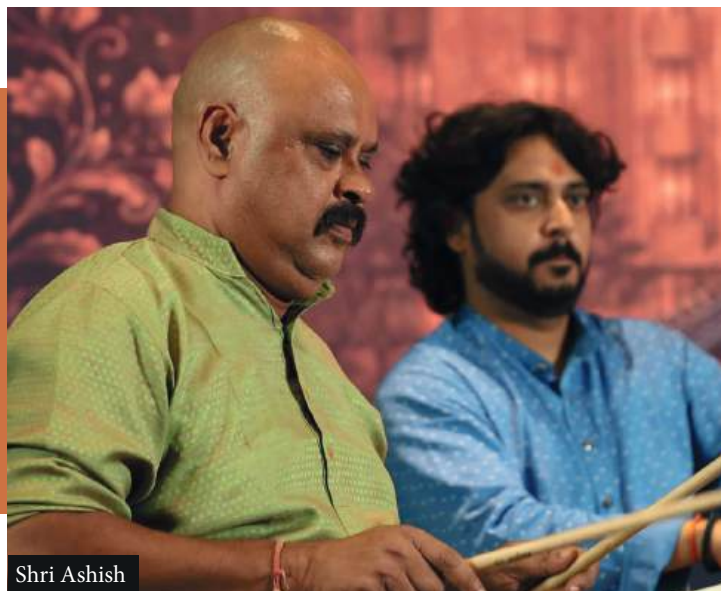
Pt. Salil Vishwa Mohan Bhatt



Audience



Pt. Vishwa Mohan Bhatt & Anil Chadha



Shri Ashish



Ratan Prasanna

World Health Day: Nurturing Health, Inspiring Well-being



ARTWORK BY SUDIPTA KUNDU



"Health is the greatest gift,
contentment the greatest
wealth."

— Buddha

On World Health Day, the **Prabha Khaitan Foundation** highlights the importance of health as the foundation of a fulfilling and meaningful life. True well-being extends beyond the absence of illness — it encompasses physical, mental, and emotional balance, enabling individuals and communities to thrive.

In a rapidly changing world, challenges such as lifestyle disorders, unequal access to healthcare, and lack of awareness continue to impact millions.

Promoting preventive care, healthy habits, and accessible healthcare remains essential for building stronger and healthier societies.

The **Prabha Khaitan Foundation** believes that health is a collective responsibility. Through awareness, education, and community-driven initiatives, we can encourage healthier choices and create environments where everyone has the opportunity to lead a life of dignity and well-being. World Health Day reminds us that caring for ourselves and others is the first step toward creating a healthier, more compassionate world.

Her Health, Her Right: Empowering Women Through Health and Dignity

The **Prabha Khaitan Foundation** believes that access to healthcare is a fundamental right and an essential pillar of women's empowerment. *Her Health, Her Right* is a reminder that every woman deserves the knowledge, resources, and support needed to make informed choices about her well-being.

Across the world, women continue to face barriers in accessing quality healthcare, including limited awareness, social stigma, and unequal access to essential services. Issues related to menstrual health, reproductive care, nutrition, and preventive healthcare often remain overlooked, impacting women's confidence, education, and opportunities.

Through its initiatives focused on women's health and hygiene, the **Prabha Khaitan Foundation** works towards creating awareness, breaking taboos, and promoting dignity for women and girls. Ensuring women's health is not only a matter of care but also a pathway toward stronger families, communities, and societies.

Her Health, Her Right is a call to recognize, respect, and prioritize women's well-being — because when women are healthy, empowered, and supported, the world moves forward.



"A woman's health is her true wealth."

- Anonymous



ARTWORK BY **SUDIPTA KUNDU**



MELODIES OF LIFE

Each month, **Prabha Khaitan Foundation** brings to you a melody conceptualised by Grammy Award Winner, **Ricky Kej**.

Through this series, music becomes a powerful medium for storytelling, reflection, and connection — exploring themes that celebrate nature, human emotions, and the world we share. Each composition takes listeners on a unique journey, blending evocative soundscapes with meaningful narratives that inspire awareness, introspection, and harmony.

CAUVERY

In this poignant composition, Ricky Kej pays tribute to the River Cauvery — a lifeline that originates in the lush mountains and nurtures millions of lives along its journey. The piece celebrates the river's quiet generosity, flowing endlessly and giving without expectation.

Through its soulful melodies, *Cauvery* reflects on humanity's deep connection with nature while highlighting the responsibility to protect the resources that sustain us. It serves as a gentle reminder that the rivers we revere must also be preserved, respected, and cared for.



ARTWORK BY **SUDIPTA KUNDU**

DISTANT MEMORY

A hauntingly beautiful ambient composition by Ricky Kej, *Distant Memory* captures the delicate emotions of nostalgia, longing, and moments that linger long after they have passed.

With ethereal melodies, soft textures, and gentle rhythms, the piece creates a dreamlike atmosphere — like memories carried away on a quiet breeze.

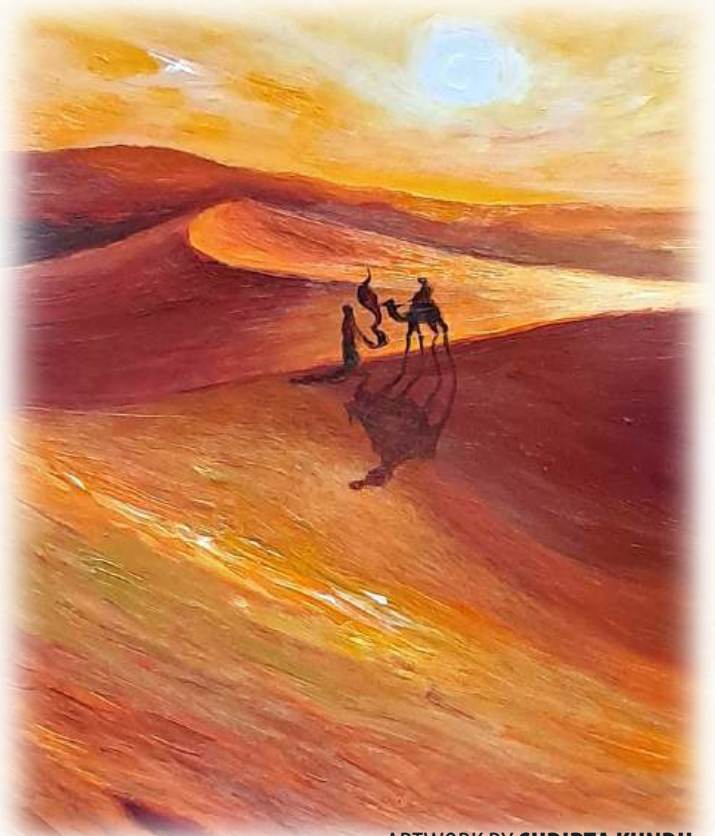
Through this introspective musical journey, Ricky Kej explores the beauty of fleeting moments and the emotions that remain etched within us, even as time moves forward.



DESERT DREAM

In *Desert Dream*, Ricky Kej transports listeners into a vast and mystical desert landscape. Shimmering synths and gentle rhythms evoke the endless sands, open skies, and the quiet magic of twilight.

The composition captures both the serenity and mystery of the desert, inviting listeners into a space of contemplation and inner reflection. Through its atmospheric soundscape, *Desert Dream* celebrates the beauty of stillness and the profound emotions that emerge when we connect with the natural world.



ARTWORK BY **SUDIPTA KUNDU**

ART WITHOUT BOUNDARIES



Chumki Das

Art has the remarkable ability to transcend barriers, spark conversations, and tell stories that words often cannot. In this spirit, the **Prabha Khaitan Foundation** is proud to support **Art Without Boundaries**, a special initiative showcasing the creativity and talent of specially-abled children from the Institute for the Handicapped and Backward People (IHBP).

Through their artworks, these young artists offer unique perspectives shaped by imagination, resilience, and self-expression. Each creation is a testament to the fact that art knows no limitations.

The first featured work in this series is *Whispers of the Forest* by Chumki Das, a hearing-impaired visual artist whose evocative piece captures the quiet beauty and wonder of the natural world. Through delicate details and thoughtful composition, the artwork invites viewers into a space of reflection, serenity, and connection with nature.

Art Without Boundaries celebrates the power of creativity to inspire, connect, and transcend limitations, shining a light on voices and perspectives that enrich the cultural landscape through art.

Prabha
प्रभा

अपनी भाषा अपने लोग

Handscripted by Paresh Maity

